Welcome

Despite an unusually wet morning on Tuesday of this week, it was an absolute pleasure to welcome all of our students to the 2016 academic year. We have 129 new students commencing their first year at Pulteney across Kurrajong, Prep School, Middle School and one ninety; throughout the morning it was wonderful to see our continuing students taking these new students under their wing and assisting them to settle in. I also extend a very warm welcome to all families new to the School and I encourage you to engage with the many opportunities to connect with our community as the year progresses. You will find us a most welcoming place.

Staff News

We also welcome the following staff:

Kurrajong
Ruth Bowler; Sophia Bubner; Alison Kerr; Tahlia Taylor; Sanja Uzelac and Jessica Wallace who are new to the Early Learning Centre and Kellie Lenger for a short term replacement in Kurrajong Music.

Prep School, Middle School and one ninety
Alison Benecke and Marilyn Mason in Learning Support and Anna Smeaton supporting the Prep School. We also welcome Dan Crane, Anam Dhanji, Karen Littlewood, Nadia Maglica, John McCall, Jamie Pantsaras and Thomas Ranieri, all teaching across a range of subjects in Middle School and one ninety.

Administration
Fiona Barradale, Enrolments Assistant and Leanne Zikos, our new School Receptionist.

We also welcome back from leave:

During last week all staff engaged in a series of professional learning seminars and activities focusing on individual and collective wellbeing. Key speakers explored the themes of intrinsic and extrinsic motivators for wellbeing, the value and challenges of stress and the value of failing, mindfulness and the benefits of teams. Staff also chose from a range of wellbeing activities, offered by our own skilled staff, including art therapy, golf challenges, gym sessions with Pulteney Fit, morning runs, yoga and meditation and prayer. In addition, significant blocks of time were dedicated to team meetings to support teacher preparation for the academic year. It was a fulfilling and productive week, with very positive feedback from all staff.

Being Kind and Compassionate to One's Self

At the Commencement Assembly on Tuesday 2 February, I and the School Captains shared with the students a key message about empathy and compassion. In our school community we care for others and, importantly, we must ensure we care for ourselves. This is not about
an egotistical desire for self-preservation but, rather, is the first step on the road to being the best version of one’s self. Dr Tom Nehmy, clinical psychologist and well known to the Pulteney community through his work with our students and parents, reminds us that the most important relationship in our lives is the one we have with ourselves. We must be kind and compassionate with ourselves. We should avoid criticising ourselves too harshly. In this way, we can truly be open to all opportunities for learning and personal growth, all of the time!

“Yourself, as much as anybody in the entire universe, deserves your love and affection.”
Buddha

We are looking forward to a fulfilling and exciting year ahead.

Anne Dunstan,
Principal

To comment on this article use this link to go directly to the Principal’s Blog: http://www.pulteney.sa.edu.au/our-school/principals-message/principals-blog

Student Leadership Summit

“True leaders understand that leadership is not about them but about those they serve. It is not about exalting themselves but about lifting others up.” - Sheri L Dew

It was wonderful to have the privilege of working with our recently appointed student leaders at the Student Leadership Summit prior to the school year commencing.

Held at the Sage Hotel, Year 12 School Captains, Vice Captains, Prefects and House Leaders participated in a range of leadership activities designed to identify the attributes and skills needed to be a successful leader. Time together also provided students with an opportunity to learn more about the various styles of leadership and how they can be applied in a general setting and more specifically to day-to-day school life.

Over the course of the workshop, I was impressed by our student’s level of engagement in tasks, which focused on team building and goal setting. It was also interesting to observe students deep in discussion, attempting to identify and understand their own leadership style, which will hopefully allow them to contribute positively to the overall success of the student leadership team. Student leaders thoroughly enjoyed the entertaining, insightful and thought provoking presentations shared by past Master of the Preparatory School and Registrar, Mr Keith Grundy (AM) and Old Scholar and current Board member Ms Brooke Willshire (2001). Further presentations from Mrs Anne Dunstan, Mr Greg Atterton, Mr Mark Bourchier and Mr Malcolm Dolman consolidated the concepts of service and servant leadership. Feedback from our students has been very positive with many describing the Student Leadership Summit as “inspiring”, “empowering”, “engaging” and “informative” whilst others relished the opportunity to get to know their peers a little better before embarking on their term as Student Leader.

Our School Captains recently commented, “As a result of the Student Leadership Summit we have learnt how to approach the many upcoming challenges with devotion, dedication, determination, and a steadfast mindset that we are servants to the school, indebted to give back to the community that has given us so much.”

Exciting and meaningful learning opportunities for our students would not be possible without the collective efforts of staff. It would be remiss not to acknowledge Mr Keith Grundy (AM), Ms Brooke Willshire, Mrs Dunstan, Mr Dolman, Mr Brice, Mr Bourchier and Heads of House for their carefully planned presentations, ensuring a successful Student Leaders Summit for all.

Our student leaders have many exciting activities planned throughout the year for our school and wider community and I am looking forward to supporting them in their endeavours.

I have thoroughly enjoyed my first few days of the new school year; especially the opportunity to welcome students back to school on Tuesday. At our whole school assembly it was wonderful to look out at a sea of smiling faces and to meet a number of parents as I visited classrooms in the morning. I look forward to working with students and getting to know the Pulteney community even better throughout the term.

If your child is absent from school, please contact the sub school directly.

Senior School
8216 5548

Middle School
8216 5599

Prep School
8216 5544

Kurrajong
8216 5570
After-hours classes in Modern Chinese language and Culture

After the successful introduction in Term 4 2015 of the after-hours program for the teaching and learning of Chinese language and culture for students of all backgrounds in Year 1 to Year 6, the school is delighted to announce the continuation of this program in 2016.

Our School has been working in partnership with Ms Jessi Jin from Australian International Education Services (AIES) in the establishment of our after-hours Chinese classes.

AIES has been operating for the past 13 years as a consultancy specialising in bilateral educational exchanges between Australian and Chinese education providers. They have developed a Chinese language program for children based on western teaching principles to ensure that students are able to learn in an environment that is creative and enjoyable.

Taking cognisance of student needs and prior knowledge, the overall aim of the program is to allow students to acquire the ability to effectively communicate in Modern Chinese and become more knowledgeable about the Chinese culture.

The classes will commence on Tuesday 9 February and will operate each Tuesday from 3:45pm to 5:30pm in the Kurrajong Resource Centre. Students are to meet the Head of Kurrajong, Mrs Virginia Evans in the Kurrajong courtyard, where students will sit and eat an afternoon snack that parents have packed for their child/children. Mrs Evans will then take the children up to the Resource Centre at 3.45pm.

If you would like your child/children to participate in the program, please register your interest by contacting Kiri Marshall at kiri.marshall@pulteney.sa.edu.au for Year 1 and Year 2 students or Michelle Reynolds at michelle.reynolds@pulteney.sa.edu.au for Prep students by Friday 5 February 2016. Further details including the costs associated with the program will be provided upon registering your interest.

In Semester 2, if there is enough interest, the school will offer lessons to Reception students. Please register your interest by contacting Kiri Marshall at kiri.marshall@pulteney.sa.edu.au.

Should you have any queries, please do not hesitate to contact Ms Evans, Ms O’Loughlin or myself.

After-hours classes of Greek language and culture

At the request of a number of parents from Greek background, Pulteney Grammar School introduced an after-hours program for the teaching and learning of Modern Greek language and culture for students in Year 1 to Year 6 during 2015.

As a result of the success of the program, we are pleased to offer Modern Greek language and culture classes again in 2016.

The teaching of Modern Greek language will be facilitated by Mr Kostas Fotiadis, who is an experienced educator having been involved with the teaching and learning of "languages other than English" and Modern Greek, in particular at all levels and sectors of education for many years. He currently successfully runs similar programs to the one established at Pulteney at Seymour College and Walford Anglican School for Girls as well as teaching a group of secondary age students at a private premise.

Taking cognisance of student needs and prior knowledge, the overall aim of the program is to allow students to acquire the ability to effectively communicate in Modern Greek; become more knowledgeable about the Greek culture and learn Greek dancing if they and/or their parents choose to do so.

This year, classes will commence Wednesday 17 February and will conclude for Term 1 on Wednesday 6 April. Modern Greek classes operate each Wednesday from 4:00pm to 6:15pm where the last half hour is dedicated to dancing instruction. For students who choose not to participate in dancing their lessons will conclude at 5:45pm. Classes will take place in the Centre for Senior Learning, in particular Learning Studios 6 and 7, which are located on the first floor. Prior to the lesson, students are to meet the Head of Kurrajong, Mrs Virginia Evans in the Kurrajong courtyard, where they will then be collected by Mr Fotiadis.
If your child is new to the program and you would like them to begin Modern Greek classes this term please register your interest by contacting Kiri Marshall at kiri.marshall@pulteney.sa.edu.au for Year 1 and Year 2 students or Michelle Reynolds at michelle.reynolds@pulteney.sa.edu.au for Prep students by Wednesday 10 February 2016.

For further information, including associated costs, parents are welcome to contact Mr Fotiadis directly on: 0438 867 182.

Greg Atterton  
Deputy Principal

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**From the Chaplain**

This week I am exploring with students why we gather as a community in chapel each week. There are some very accurate and matter of fact reasons for this. However, I think it is also important to try and grapple with the more mysterious and transcendent reasons for asking young people to gather as community. For example, how do we get to know the mind of God? Ireneaus is an ancient church theologian. His writings and thoughts are as challenging now as they must have been in the first century. He wrote that he believed ‘the Glory of God is a human being fully alive’. This thoroughly challenges any notion that God expects us to acknowledge understandings of God only in humility, obedience, thoughtless obligation, uncertainty or even fear.

It was a wonderful to be with so many Pulteney families celebrating the end of 2015. The Carols Service at St Peter’s Cathedral was a joyous occasion with amazing choral contributions from the whole school. Thank you and congratulations to all students and Pulteney’s music teaching team. Christmas Eve Nativity Service held in the Chapel was lovely, with the comfort of the newly installed air-conditioning making a real difference and celebratory drinks enjoyed by us all.

Chapel services will continue to focus on the liturgical year, bible readings from Luke’s Gospel and a range of relevant themes. It was wonderful to welcome staff back to the school year with a Commencement Morning Prayer service that was all the more peace filled and reflective because of the wonderful singing. Our first week together thoroughly exploring our shared understanding of staff and student wellbeing has been very fruitful.

At Pulteney new staff and students are welcomed into a school community that has vibrant life-giving spirit. This is a ‘spiritual fruit’ of Pulteney. Genuine, dynamic lived out kindness is part of the school’s tradition and culture. The oft-quoted words of Mother Teresa of Calcutta describe well the environment at Pulteney ‘Kind words can be short and easy to speak, but their echoes are truly endless’ as are words of encouragement, challenge and affirmation.

Almighty God,

We give thanks for the holidays and the time of recreation and refreshment with our families and friends. We ask for your blessing upon us as we begin this new and important year for our school. Help us to be ‘fully alive’ this year, especially in those areas of our lives that need nurture.

In the name of the Father, Son and Holy Spirit. Amen.

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**Special Services**

Ash Wednesday is very earlier this year; next Wednesday February 10. The service will start shortly after 12.15 in the Robert Henshall Gym. This very special reflective service involves imposition of ashes. This service will involve all students Prep, Middle School and One Ninety. Kurrajong will have an Ash Wednesday Service as part of the regular chapel on Thursday afternoon.

If you have any palm crosses from last year that you would like to be burnt and part of this year’s celebration, please ask your child to bring the cross to school and give it to me by next Tuesday.

**Chaplaincy 2016**

Reverend Michael Lane will continue to work with the whole school community. Michael is at Pulteney every school day and is available to conduct special services, such as baptism, weddings at other times.
I can be contacted at anytime for any pastoral needs. Please email michael.lane@pulteney.sa.edu.au, phone 8216 5512, 0434 297 879 or contact the school office. Let me know if you have an interest in saying Morning Prayer together. Please feel invited to join this or any other service.

Deep Peace,
Michael

URGENT Recall Notice

Within the past week there have been 2 recalls that affect digital devices, and they relate to the chargers supplied to both Microsoft and Apple products. School based products will undergo the appropriate changeover, but we strongly encourage you to take the appropriate action for those personal devices and devices purchased for the Bring Your Own Device program.

Microsoft

Microsoft has announced a recall for the power chargers supplied with Surface Pro, Surface Pro 2 and certain Surface Pro 3 devices that were sold between February 2013 and July 2015. If you purchased a Surface product after July 2015, you are not affected by this recall. There is a risk of electric shock and fire.

If you purchased your Surface device prior to July 2015 then read on.

What to do!

Stop using the AC power cordset immediately, switch off, disconnect and discard

Request a replacement at www.surface.com/powercord or call 1300 956 757

You are able to read more here


Apple

Apple has announced a recall for the power chargers supplied to iPhone, iPod, iPad and MacBook products sold between 2003 and 2015. If you purchased your Apple product in 2016, you are not affected by this recall. There is a risk of electric shock.

The faulty component is the two-prong wall plug that slides into Apple’s charging brick. This is the part that can be interchanged so the charger can be used overseas – if you have the right adapter.

Affected Apple chargers have four or five faint numbers embossed on the back. Look closely because they are hard to see. If your charger has these numbers, then you need to stop using it immediately, as per Apple’s instructions.

Apple redesigned its charging adapter for its 2016 range. Unaffected models have a three letter regional code printed on the back. For example, redesigned Australian chargers have the letters ‘AUS’.

What to do!

Apple is replacing affected chargers at no cost to customers. Simply head into an Apple store or visit https://selfsolve.apple.com/012016/#AUS

You are able to read more here


If you do have any questions about this we ask that you contact Microsoft, Apple or the reseller from whom you purchased your device, directly

Troy Thomson
Director Learning Technologies
Spinal Care and School Backpacks

Recently, Pulteney Grammar School was contacted by Dr Andrew Lawrence (Deputy President, Chiropractors’ Association of Australia). Dr Lawrence expressed the CAA’s goal to assist schools and parents with ensuring students maintain optimum health through good posture and correctly fitted school packs, which could prevent long term spinal damage.

An in-field observational study conducted by the CAA of more than 340 school children on high-traffic school commute routes in late 2011, revealed 90% of school children have bad posture when carrying their bags which could result in spinal damage, while 75% are not using their backpack’s ergonomic features to prevent such damage.

Heavy weight carried in backpacks may cause muscle strain, irritation, negative postural changes and injury, which can lead to adult back pain and spinal disorders, particularly after carrying a heavily loaded backpack for twelve years or more of schooling.

The CAA therefore provided some practical suggestions on how students could lessen the risk of injury:

• Backpacks should be ideally no heavier than 10% of a student’s weight when packed.
• Make sure the backpack is sturdy and appropriately sized - no wider than the student’s chest
• Use both shoulder straps - never sling the pack over one shoulder
• Don’t wear the backpack any lower than the hollow of the lower back
• Don’t overload the backpack - use school lockers and plan homework well in advance
• Place all heavy items at the base of the pack, close to the spine, for a better weight distribution

Nicholas Brice
Head of one ninety

Pulteney Shop

Telephone: 8216 5538
Email address: pulteneyshop@pulteneysa.edu.au

OPEN TIMES TERM 1 SUMMER.
Monday 8.00am- 10.30am and 3.00pm – 4.30pm
Wednesday 12.30pm – 4.30pm
Friday 8.00am – 11.30am

The Pulteney Shop wishes to welcome students commencing their education from Term 1, and a special welcome back to our existing Students.

We trust that you had a wonderful Christmas and New Year and looking forward to your further education at Pulteney.

Jenny Hewitson
Shop Manager

Experiential Learning

Pulteney Grammar School is excited to present a Service Learning opportunity for students, to Nepal in 2016. The program is similar to successful trips in 2012 and 2013, and will occur
between September 25 and October 10. Details of the program will be presented to students in the next two weeks, and a parent information session will occur after Expressions of Interest are registered from students. Please see the attached brochure and watch this space for more information.

Daniel Polkinghorne
Experiential Learning Coordinator

**Totally Wild Filming**

I have enjoyed constructing small scenes in bottles as a hobby for some time. They are similar to traditional boats in bottles, however I capture everyday scenes in bottles of things that I enjoy, like bush walking, cycling, gardening, boating or of an artist at his easel.

Around 20 years ago I made my first ship in a bottle based on the South Australian ketch known as the Nelcebee. In the last few years I have regained a passion for capturing the miniature, especially after finding a heart-felt message in a bottle on Kangaroo Island.

Recently I had the pleasure of being filmed for ‘Totally Wild’, a children’s program on Channel 10. During the program I explain the process and also the inspiration, which came from finding the bottle. I also describe my latest series of bottles that capture the essence of Port Adelaide and its historical nautical history. The program will be aired on television in early 2016.

Rod James
Lead Teacher Visual Art

**Senior Sport Notices**

Congratulations to the following students for outstanding sporting performances over the Christmas holiday period.

**Jarrod Miller Year 11 - Baseball**

Jarrod Miller was a member of the starting line-up of the Under 16 SA Bite National Champion Baseball team, that were successful in securing South Australia’s first full National title in any grade of baseball since 1988, and the first Under 16 title win since 1979.

Jarrod enjoyed a stellar tournament batting .375 on a 9 for 24 batting line that included a screaming double ripped down the left field line to open the scoring in the Grand Final against the previously undefeated Victoria Blue team. His demeanour and presence in the tournament were an absolute credit and he represented himself, his family, his club, the State and the School with distinction.
Connor Dudley Year 12 - Cricket

Connor Dudley (year 12) continued on with his recent outstanding performances on the cricket field by scoring a staggering 121 runs in his A grade Premier cricket 2 day debut for Sturt district against East Torrens. The Advertiser reported it as a mature display from a 16 year old teenager who shared a 212 partnership to retrieve Sturt from a precarious position of 5/79 to finish the day with a victory.

Matthew Nielsen Year 12 - Rowing

Matthew Nielsen continues to stake his claim as one of the best rowers to come out of Pulteney in many years with his selection prior to Christmas in the State Mens Youth Eight which will compete at the Nationals in March after Head of the River. To have been selected while still at school is a major achievement for what is effectively an under 21 crew. In addition to his state and Pulteney training, Matthew is also in a junior SASI program which it is hoped will put him into contention to represent Australia at Junior World Championships.

Also prior to Christmas a number of our senior rowers trialled for South Australian Pathway 8+ crews. Stated goals of the Pathway program are to provide a School State representative opportunity for emerging talented school rowers and to expose top school rowers to rowing after school and the opportunities available beyond. The process involves participants being extended and challenged to high standards of competition and performance. Pulteney rowers Nour Mol, Telopia Kailis-Phillips, Beau Jerkic, Sam Hore, Ben Gordon and coxswain Alannah Gismore all nominated with Nour having been named in the first girls crew. The boys crew(s) is still under consideration and we are very hopeful of gaining further representation from Pulteney in coming weeks.

If any Pulteney students accomplished something noteworthy in their personally sporting pursuits please make me aware via email nik.sacoutis@pulteney.sa.edu.au

Nik Sacoutis
Head of Sport
Prep Sport Notices

Basketball
If your child needs to be with another for transport reasons only please let Mr Davis know ASAP as teams will be formed early week 2.

Summer Sports – Prep
All trainings Tuesday afternoons, Yr 5/6 1.20-2.20pm, Yr 3/4 2.20-3.20pm

Match commencement dates.

Cricket
Kanga Yr 3 – Saturday February 20 – PE sports uniform, white shirt
Yr 4/5 Modified – Friday February 12 – PE sports uniform, white shirt
Yr 4/5 hardball, Yr 6 – Saturday Feb 13 – Long White trousers, white PE shirt

Softball
Yr 4/5, Yr 6 Saturday February 13 – PE sports uniform, white shirt

Tennis
Yr 5/6 Girls, Yr 5/6 Boys – Friday February 12 – PE sports uniform, white shirt

Basketball
Games commence Week 3 – singlets supplied, PE sports shorts.
Yr 4/5 Boys – Monday, February 15
Yr 6 Boys – Tuesday, February 16
Yr 4/5/6 Girls – Wednesday, February 17
Yr 3 Boys and girls – Thursday, February 18

Information sheets re coaches, requirements and expectations will go home this Friday, February 5.

Electives
Commence week 2, Tuesday February 9 from 3.30-4.30pm. All parents were emailed with the information on Monday and bookings are to be done online. If you have any queries re Electives please contact Bill Davis, bill.davis@pulteysa.edu.au

Bill Davis
Junior School Sports Master
LCF FUN School Languages – Italian
French
Spanish

WHAT IS LCF FUN LANGUAGES?
LCF Fun Languages International specializes in languages teaching for 2 -12 year olds. Originally from the UK, the first clubs began operating over 27 years ago and have since spread throughout the world.

WHAT IS THE BENEFIT OF A LANGUAGE CLUB?
Experience has shown that by beginning at an early age, children do not suffer from inhibitions about speaking a foreign language, and they respond enthusiastically to the club’s lively format. Teachers are fully trained, and supplied with a complete structured curriculum, with professionally developed support materials, including flexible lesson plans, flash cards, music CDs and board games.

WHO CAN PARTICIPATE?
Any students in Reception to Year 2 with the desire to have fun and explore a second or a third language and culture may participate in an LCF language club.

PULTENEY KURRAJONG CLUBS (PLEASE ENROL BY CLICKING THE FOLLOWING LINKS)
A minimum of 5 students are required per class for the lessons to be viable in Kurrajong.

Spanish  Mondays  3.30-4.30pm in Kurrajong Resource Centre

French  Wednesdays  3.30-4.30pm in Kurrajong Resource Centre

Italian  Thursdays  3.30-4.30pm in Kurrajong Resource Centre

The children can make their way to the area next to the lift in Kurrajong where their Language Club teacher will be waiting for the students. Parents are expected to collect their children from the Language Club in the Kurrajong Resource Centre at 4.30 pm. Alternatively, we can accompany the children to OSHC if necessary.

HOW MUCH DO THEY COST?
Primary clubs cost $160 for an 8-week term of one hour/week. If we start later, the according amount will be deducted automatically.

Lessons will commence in Week 3 of Term 1 and conclude in Week 11.

REGISTER YOUR INTEREST NOW. FOR ANY FURTHER QUERIES CONTACT:
Ann LI
LCF CLUB MANAGER
M 0426 697 866
E ann.li@lcfclubs.com.au
www.lcfclubs.com.au
The Friends of Pulteney welcome you to the 2016 school year with an informal ‘drinks and nibbles’ event.

This parent’s only function will provide an opportunity to meet new friends and catch up with those you already know.

When: Sunday 7 February from 5pm – 7pm

Where: Sam Leaker Courtyard, Wheaton House
(if weather is inclement we will move inside, so please still come along)

What to bring: Nothing but yourselves.

RSVP: By Wednesday 3 February.

Please email your acceptance to:
cate.boucher@pulteney.sa.edu.au
and advise the names of those attending

friendsofpulteney@gmail.com
NEPAL

Service Learning Experience

2016 PROGRAM

SEPTEMBER 25 – OCTOBER 10

Why?
Visit Blue Sky Public School in Kathmandu and the DMUK Orphanage
Be an active global citizen
Strengthen your sense of connectedness
Opportunities to learn to live in a self-giving way
Establish genuine, reciprocal and learning relationships with local communities
Firsthand experience in contributing to under privileged communities
Appreciation and tolerance of other cultures and a broader mind
Appreciate and care for the natural environment

Are you interested?

More information coming in the next few weeks
If you are interested in attending the trip or receiving more information, please email Daniel Polkinghorne
E: daniel.polkinghorne@pulteney.sa.edu.au