From the Principal

Working in Partnership – Going Beyond the School Report

It is the time of year when we begin to report more formally to parents and guardians about student progress and achievement. However, opportunities to discuss your child’s progress in depth can take place in both formal and informal ways throughout the year. Collaboration between staff, students and parents creates effective partnerships through which we can jointly explore and identify student strengths and areas to prioritise for future student achievement. This partnership also facilitates the very important conversations about your child’s health and wellbeing.

Research suggests that strengthening the home-school relationship can be powerful in fostering both learning and health and wellbeing for students. It also has flow-on benefits for a positive school culture. Put simply, where there are strong relationships between students, families and school, there develops a greater opportunity for students to bring the two spheres of home and school together and to be supported in their learning and health through a consistent and complementary approach (Deslandes, 2001).

To that end, I wholeheartedly encourage parents and guardians to attend the relevant Parent/Teacher Interviews programmed throughout the year but also to make contact with staff when you feel it necessary – it could be about an administrative matter, such as an upcoming absence, a curriculum question or perhaps you are seeking some support relating to your child’s social and emotional development. Please do not hesitate to make contact with your child’s subject or homegroup teacher, Head of House or key specialist staff.

Anne Dunstan,
Principal

To comment on this article use this link to go directly to the Principal’s Blog: http://www.pulteney.sa.edu.au/our-school/principals-message/principals-blog/

From the Director of Leadership & Registrar

The Pulteney Year 12 Leadership Program

Pulteney Grammar School, in partnership with Deloitte, provides leadership training for their senior students for the fourth year. Shaun Spinks from Deloitte and Malcolm Dolman, Director of Leadership at Pulteney Grammar, run the program with the elected Year 12 student leaders. The program is run from our School and from the Deloitte Adelaide office.

Shaun said, “Leadership is a journey not a destination, so beginning this conversation about leadership in Senior School provides a significant advantage for the students. These students will gain an opportunity to develop new skills, and apply a leader’s mindset which increases their ability to have an impact in our community”.

The Pulteney Year 12 leaders take part in a series of workshops focussed on the importance of good character; leadership attributes and the dynamics of an effective team. The program
culminates in a school-based legacy project that gives students an opportunity to demonstrate their new skills. Past groups have left a leadership journal, an environmental audit and a baby-sitters club as their legacy to the School community.

The Pulteney Year 12 Leadership Program gives a perspective that is broader than the school environment as leadership skills are fostered that will enable our students to have an impact not only at school but also in the wider world, in their tertiary studies and working lives.

Malcolm Dolman,
Director of Leadership

From the Chaplain

What might we learn from truly listening to stories of faith?

Last week in chapel we explored the conversation between Jesus and the Samaritan woman. All throughout Lent the gospel readings for Sunday have focussed on Jesus’ encounter with a wide range of people. As I prepared for chapel this week I was struck by the fact that some people believe that this passage tells us more about the nature of Jesus, who he is and what he thinks is important, than any other passage in the bible.

This text John 4:5-15, 25-29 is good news for anyone who has ever felt the humiliation or the pain of feeling like a nobody, Jesus does not turn away from the Samaritan woman, as others would have. On the contrary he engages with her and takes her seriously, treats her with respect, and yet challenges her when she does not speak honestly with him.

It is also challenging news because it reminds us all, especially churches and Christians that people who may appear to be nobodies are somebody in the eyes of Jesus. This story reminds faithful good people to welcome everybody, outsiders and insiders, to faith.

This story narrates powerful transformation of the Samaritan woman. She began her encounter with Jesus as an outsider, someone who does not belong, a beginner in the faith journey. In her encounter with Jesus, she has the opportunity to understand who she is and better comprehend her own faith.

First impressions of someone can leave us curious, interested in knowing more about that person. Just as easily we can be put off. We are most attracted to people when we sense a resonating chord, a connection, a sense of common values and experiences, and also when that other person seems genuinely interested in us.

As we get to better know a person we learn more about them and we learn from them. It can be like this when we get to better know the Jesus of the bible. But perhaps we need to consider letting go of preconceived impressions of who Jesus is.

The Samaritan woman came to a well seeking water; she leaves having discovered her faith and salvation. The dramatic change is brought about by an encounter with a tired thirsty man who turns out to be far more than he appears. It is Jesus who initiates the encounter, but the woman’s willingness to pursue the conversation is crucial to what happens next. Her openness to seeking the truth, opens her to the possibility of accepting and understanding Jesus as Christ, the Son of God, who brings good news to all.

Regardless of where we are at in our own faith journey and to what extent we understand ourselves as spiritual being, Jesus’ encounter with the Samaritan woman has a great deal to teach us. Unlike the Samaritan woman at the well we will never get the opportunity to have a face to face chat with Jesus about identity and everlasting life. But we do get something like this opportunity every time we hear about Jesus.

It is important that we give ourselves permission to work past the black and white questions of belief and disbelief. Our human selves, our spiritual lives, are very complex and simply do not neatly fit into simple dualistic constructs like belief or unbelief.
If we truly listen our understanding will grow. So maybe, just maybe, if we are open and truly listen, our next encounter with a new person, a stranger, a new idea, we too like the Samaritan woman may have our lives transformed by self knowledge and understanding.

Deep Peace,
Michael

Host family required

We have an opportunity for a family to host a German exchange student, Sophie, for approximately 2 months beginning mid July. Sophie would attend Pulteney in Year 11 and we are looking for a host sister from Years 9, 10 or 11. Please email Kirsty Hickman (kirsty.hickman@pulteney.sa.edu.au) for a copy of her application details.

Procrastination – Part 3 of 3

Last week we discussed some of the reasons why people procrastinate. To briefly summarise, the key reasons were: perfectionism (students afraid of failure), avoidance (students concerned of being evaluated by others), and arousal (students who seek the thrill of trying to ‘beat the clock’). This week we have provided some anti-procrastination strategies that may assist your child in overcoming some of their procrastination behaviours.

Firstly, an important point to remember is that these behaviours are habits deeply ingrained in one’s patterns of behaviour. This means that they will not be able to be resolved overnight. Habits will only cease when the individual persistently stops practicing them.

Below is a list of anti-procrastinating strategies. We recommend that students practice as many approaches as possible in order to maximise their chances of beating procrastination. Some tips will work better for some than others. In particular instances, a new anti-procrastination strategy must be adopted to beat the procrastination dilemma.

General tips for Motivation:

• Make up your own rewards. For example, promise yourself that you will grab yourself a bite to eat (e.g. a fresh piece of watermelon) after 30 minutes of productive study.
• Ask someone to “check up” on you. Peer pressure does work! For example, your parents might check up on you every 30 minutes to make sure you are working diligently.
• Identify and discuss with mum and/ or dad the unpleasant consequences of not doing the task.

Tips for getting organised:

• Keep a ‘to-do list’ so you can’t conveniently forget about unpleasant or overwhelming tasks. White boards are a great visual aid. Make sure you fill in your diary each day at school.
• Prioritize your ‘to-do list’ into urgent/ important/ upcoming events, so that you don’t kid yourself into thinking it would be acceptable to put off a task that is urgent.
• Set yourself time-bound goals; that way you have no time for procrastination. For example, you could work in 30 minute blocks for homework with a 5-10 minute break between blocks to stretch your legs, check your phone, go to the toilet, grab a bite to eat/ drink etc.
• Focus on one task at a time.

Tips for when you feel overwhelmed:
• Break the project down into smaller, more manageable tasks. You may find it more helpful to create an action plan e.g. step 1, step 2, step 3 etc.
• Start with small, quick, and achievable tasks first. Even if these aren’t the logical first actions of the assignment, you will feel that you are achieving things and making progress, thereby making the task less overwhelming.
• Speak with your teacher. Send them an email with a list of questions you are unsure of. They are there to help you.

Tips for when the task is unpleasant:
• Many people overestimate the unpleasantness of the task and avoid it altogether. Give it a try! You may find that it wasn’t as bad as first thought, and if it is, perseverance is the key – persist, persist, persist!
• Think about the unpleasant consequences of not doing the work.
• Reward yourself upon completing the task.

In summarizing the articles presented over the past 3 weeks: In order to give your child the best opportunity to overcome procrastination, the first step requires identification of the procrastination behaviours. The next steps involves identification of why they are procrastinating and then taking the appropriate actions to overcome this block, thereby leading to more positive outcomes.

Chris Clements and Michelle Roesler,
Wellbeing Team

Successful Girls Tennis Team

The Intercol girls tennis team consisting of Lucy Pittman, Alex Jocic, Ella Wiltshire and Victoria Cirocco played brilliantly winning the Intercol girls shield and keeping the final score to only 4 games against and 36 games and 6 sets for Pulteney.
This is the 6th year that the girls have won the tennis Intercol shield consecutively.
Well done girls!

Libby Sims,
Director of Girls Tennis
Parents as Career Transition Support - Disability Focus

A series of free workshops for parents and guardians of young people with a disability are being offered in July, to offer advice and information about career related issues such as the difference between University and TAFE, the sorts of jobs available, the support and services available for young people with a disability and information on how to help your teenager make good career choices, including pathways to tertiary study. The sessions will be held on Wednesday 23, 30 July and 6 August from 10am – 12noon OR 6 – 8pm, at the Disability Information Resource Centre (DIRC), 195 Gilles Street, Adelaide. To get the most out of the workshops, you are required to attend all three. I will be attending the seminars, along with Jen Cousins, National Disability Coordination Officer and Suzanne Megaw, Flexible Pathways Coordinator at St Mary’s College. Light refreshments will be provided. For further information, please contact Jen Cousins on 8207 8652 or email her on Jennifer.cousins@tafesa.edu.au or you can contact me for a flyer.

Come & Try Flinders Uni 2014 - Wednesday 2 July 2014, 10am – 2pm

Flinders University invites high school students with learning needs, disabilities and health conditions to experience university first hand. The seminar involves meeting disability advisors and current university students with disabilities and also going on a tour of the universities science and nursing facilities. Morning tea and lunch will be provided. Students must be accompanied by a person responsible for duty of care. For further information, or to RSVP, please contact Paula Williams or Toni Crisci, Disability advisors, Flinders University via disability@flinders.edu.au or phone (08) 8201 211. Replies are required by 11 June 2014.

Julia Farr Youth Conference – 14 and 15 April 2014

The Julia Farr Centre is holding a two-day conference for young people living with a disability. The conference will focus on empowerment, personal leadership, resilience and choice. If you are interested in attending, or finding out more information, please contact Georgie on (08) 8373 8313 or email her on georginae@purpleorange.org.au. Further information is also available at facebook.com/JuliaFarrYouth.

Tutors Worldwide

Tutors Worldwide is an organisation involved in the recruitment of gap tutors for schools in the UK. For details about the organisation, placement opportunities and how to apply, go to www.tutorsworldwide.org. Written applications are required for placements and must be received in New Zealand by 10 April 2014.

Driver - Learner Theory Course

The Allan Miller Driving School is offering two 3-hour sessions of ‘Learner Theory’ in the upcoming school holidays. The course aims to develop road law foundation knowledge to enable students to successfully complete the theory test required for a Learner's Permit, develop an understanding and appreciation of road safety issues and develop an awareness of safe driving behaviours, risk factors and the potential impact to self and others. The course costs $125 for RAA members and $150 for non-members. For further information, please contact (08) 8202 4444 or email cars@allanmiller.com.au. A flyer with some further information on it, is available from the Careers Office.

UMAT Preparation Seminar – 12 April 2014

Year 12 students completing the UMAT in 2014, or Year 11 students considering the UMAT in 2015, may be interested in attending a free UMAT preparation course being run by MedEssentials in the upcoming school holidays. The seminar is being held on Saturday 12 April.
2014, in the Florey Lecture Theatre at the Adelaide University Medical School, from 2 – 4pm. Registration is required by emailing your name and school to info@medessentials.com.au.

Career Expos and Open Days

There are several Career Expos held throughout the year and I would strongly encourage you and your child to attend any that are of interest to you, especially if you are wanting to explore post-schooling options. Two I am currently aware of are the Tertiary Studies and Careers Expo which will be held on Sunday 25 May and Monday 26 May at the Adelaide Convention Centre (www.careersevent.com.au) and the National Careers and Employment Expo which will be held on Friday 16 May and Saturday 17 May at the Adelaide Showgrounds (http://ncee.com.au/adelaide/). In addition to these, all of the major SA Universities and TAFE will hold Open Days later in the year, on the weekend of 15 – 17 August 2014, and several faculty areas within the Universities will also hold individual Open Days. These will be advertised to the students, and through the PRW, as dates become available.

Defence Force Information Sessions

If your child is interested in exploring a career in the Defence Force, below are the details of several information sessions in the next few weeks that may be of interest:

- Women in Non-Traditional Roles (Air Force) – Tuesday 8 April 6pm, Keswick Army Barracks- Anzac Hwy
- Officer Entry – Wednesday 9 April 6pm, Hampstead Army Barracks - Muller Rd
- Careers in the ADF – Thursday 10 April 6pm, Hampstead Army Barracks - Muller Rd

Students can register themselves for these information sessions by visiting: https://defenceforcerecruiting.wufoo.eu/forms/australian-defence-force-information-sessions/

International College of Hotel Management Career Week – Monday 7 to Friday 11 July

Year 11 and 12 students considering a career in hospitality or business are encouraged to explore the possibility of taking part in the ICHM Career Week program. It is a live-in introduction to the College, where students will learn about international tourism and hospitality, explore different career paths, gain an introduction to management and supervision topics, visit local hospitality and tourism sites and learn more about the opportunities of studying at ICHM. Further information is available at http://www.ichm.edu.au/ or from the Careers Office.

Career Newsletter

Pulteney subscribes to a weekly careers newsletter, which provides information about universities, TAFE and other programs offered in each state of Australia. It also has information about upcoming career events and includes general job seeking information and links. Parents and students are also able to explore this site by going to www.mhscareers.net and then login in with ‘Pulteney’ and the password ‘pgs1’. As part of our subscription, parents and students are able to register for email alerts. If you wish to do this, please go to the “Contact Us” tab and fill in the email form, indicating which states you wish to subscribe to.

If you have any questions concerning Careers, please feel free to contact me on leeanne.johnstonbryan@pulteney.sa.edu.au or 8216 5553.

Leeanne Johnston-Bryan,
Careers Coordinator
**Tuesday on Flinders lunchtime concert**

On Tuesday 25 March our Grammarphones Concert Choir and the Jazz on the Terrace vocal ensemble with guest Year 12 players and singers performed in a beautiful concert at the Flinders Street Baptist Church.

Accompanied by Mrs Mears, the choirs sang a varied programme of works including John Rutter’s The Lord bless you and keep you. Jess Carver performed on Pianoforte, Mozarts’ Rondo Alla Turka while Daniel Barnet, Emily Johnson, Imogen Loftes, Nick Winter and Adam Cameron all performed snippets of their year 12 programmes to a very enthusiastic audience.

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**Commonwealth Societies Council**

On Monday 17 March our exquisite string ensemble played music for the visit of our Governor His Excellency Rear Admiral Kevin Scarce, AC, CSC, RANR

The ensemble, under the direction of Louise Beaston, played music for the reception with great skill and attention to detail. The reception organised by the Joint Commonwealth Societies council was an overwhelming success with the music accompaniment a significant contributor to the lovely ambience of the evening.
Zambia Exchange 19 April – 7 May 2014

Over the April school holidays we have a group of children visiting from Zambia for whom many this is their first trip outside their village, let alone country. Most of these students only own a school uniform, very few items of personal clothing and no warm clothes.

You can help by donating items of clothing and bedding that you no longer need for our Zambian Exchange program. The list below outlines what we need. All donations can be left at the Front Office or at 18 High Street, Unley Park by Wednesday 9th of April.

Boys and Men’s (size 12 – Adult)
- Underwear & socks (new or very good condition)
- Nightwear (warm PJs or Boxers)
- Sun smart swimming tops
- Board shorts
- T Shirts
- Long sleeved shirts
- Jeans, hiking pants
- Track pants
- Windcheaters
- Warm Jackets
- Beanies / caps
- Any ‘old style’ Pulteney sports uniform
- Sandshoes or closed in shoes size 6, 7, 8, 9, & 11

Girls and Ladies (size 10, 12, 14 & 16)
- Underwear & socks (new or very good condition)
- Nightwear (warm PJs)
- Sun smart swimming tops
- Board shorts (longer style)
- T-shirts
- Long sleeved shirts
- Pants, skirt (longer style)
- Track pants
- Windcheaters
- Cardigans
- Warm jackets
- Beanies / sunhat
- Scarves
- Any ‘Old Style’ Pulteney Sports Uniform
- Sandshoes or closed in shoes size 5, 6, 7 & 8

We are also looking for donations of sleeping bags and rugs, pillows and pillowcases or the loan of sleeping bags (cotton insert-sheets will be supplied).

Of course any monetary donations will be most gratefully received to help offset costs, or prizes that could be used for fun games we hold.

Lynne Rowson,
(Parent Support Group)

For all enquiries please email lrawson@adam.com.au
Tuck Shop

Phone 8216 5525
Email : tuckshop@pulteney.sa.edu.au

- New items: Homemade tuna mornay $4.00
- Crispy Chicken Noodle Salad $5.00
- Hokein Noodle Salad, $5.00
- Lamb Kofta Wrap $5.00
- Home made Lasagna, $4.00
- Home made pasta twirls in bolognaise sauce $4.00
- Roasted vegetable salad $5.00

Don’t forget to register online to qualify for weekly specials.
Thankyou to all the families who support the tuckshop.

Thanks,
Tuckshop Team

Pulteney Shop

Telephone: 8216 5538
Email address: pulteneyshop@pulteney.sa.edu.au

Open Times for Term 1, Summer

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<thead>
<tr>
<th>Day</th>
<th>Open Times</th>
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<tbody>
<tr>
<td>Monday</td>
<td>8am to 10.30 am</td>
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<tr>
<td></td>
<td>3pm to 4.30 pm</td>
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<tr>
<td>Wednesday</td>
<td>12.30pm to 4.30 pm</td>
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<tr>
<td>Friday</td>
<td>8am to 11.30 am</td>
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Term 2 commencing 29th April, 2014 is full Winter Uniform from ELC to Year 9. oneninety is a mix and match uniform except for Chapel, full School Assembly and any other formal occasion.

New Students who commenced at the beginning of Term I are reminded to come into the Pulteney Shop to purchase their Uniform.

Reception Students are also asked to come into the Pulteney Shop and Year 7 Male Students will need to purchase their uniform. Year 7 Female Students need only take off the bib from their Pinafore so that it converts into the Skirt.

Parents are asked not to leave this uniform to the last minute in case alterations need to be made.

Winter Sport will also commence in Term 2 so this uniform will need to be purchased especially if you are changing to a different sport.

Senior Footballers are asked to come into the Uniform Shop if they require a new guernsey with a different number before the end of term so that they are ready for term 2.

Have a great weekend.

Jenny Hewitson,
Shop Manager.
Senior Sport Notices

Results

Boys Volleyball

Pulteney Open A lost to St Pauls 2:1, 25:21, 22:25, 17:2

Prep Sport Notices

Basketball Games

Please note games are on in Week 11, please return singlets, washed ASAP after last game.

SAPSASA Under 12 State teams

Students born in 2002 or 2003 are welcome to nominate for SAPSASA State Under 12 teams. Some of these close on 4 April while others close early May. Any student interested in trying out for a team should see Mr Davis for information or go to www.decd.sa.gov.au/sport then click on SAPSASA, go to list of sports, and go to the relevant sport for nomination form.

The following sports are available: football, basketball, cricket, soccer, hockey, netball, rugby league, softball, tennis and touch. These are for boys and girls.

Basketball

All the fixtures for Prep basketball this term are available on the Wayville website, www.wayville.basketball.net.au go to fixtures and scroll to the day you require. These became available on 25 February.

Results

Tennis

Boys B1 defeated St Andrews 9-0
Boys B2 lost to Cabra 2-7
Yr 6 Girls White defeated Cabra 4-2

Cricket

Yr 4/5 Modified PGS 5/48 lost to St Peters 2/84
Yr 6 PGS 5/84 defeated Pembroke 54.

Softball

Yr 4/5 Bye
Yr 5/6 defeated Mercedes 9-7

Basketball

Yr 4 Boys White lost to North Adelaide Primary 14 - 20
Yr 5 Boys Navy lost to Blackforest 11 – 20
Yr 5 Boys Black defeated PGS Gold 20 -30
Yr 6 Girls Gold defeated Cabra 22-5
Yr 6 Girls Navy lost to St Johns 2-66
Yr 3 Boys Gold defeated Blackforest 14 - 6
Yr 3 Boys Navy defeated St Johns 28 – 12
Yr 3 Boys Black defeated St Johns 44 - 12
Yr 3 Girls Blue defeated Sunrise 28 – 10
Yr 3 Girls White lost to Blackforest 16 - 16

Bill Davis,
Junior School Sports Co-ordinator
Old Scholars Dinner

When:
Saturday 26 July

Where:
The Adelaide Pavilion, Veale Gardens
7pm for 7.30pm
Book at www.trybooking.com/CKXZ

Cost: $70 for 3 course meal and welcome drink
SCHOOL FORMAL
Suits to hire or buy.

HIRE YOUR SUIT WITH NO HIDDEN EXTRAS!
Time to suit up! Ask your school formal organiser for a catalogue.
ALL HIRE PACKAGE PRICES INCLUDE SUIT, VEST, SHIRT, TIE, POCKET HANK & SHOES.

HIRE OR BUY YOUR SUIT
WIN A $1,000
APPLE GIFT CARD

PETERSHEAER.COM.AU
Business Breakfast Series

Anne Dunstan,
Pulteney Grammar School Principal

Friday, 4 April 2014 7.15 am to 8.45am
At the Grand Chifley
208 South Terrace, Adelaide
Cost is $45, including a fully cooked breakfast

Anne Dunstan commenced in 2014 at Pulteney Grammar School as Principal, with a clear focus to promote innovation in a student-centered approach to education. Anne will showcase her ideas for innovation in teaching and learning. Please join us for what will be an insightful and inspiring presentation from Pulteney’s new Principal.

Book on the school website or http://www.trybooking.com/CKYM