FROM THE ROWING CO-ORDINATOR

Participation in last week’s Rowing SA 1st Grade State Championships Regatta was down due to the forecast very hot weather. There was no rest for our rowers; however, Juniors were put through their paces at school in the gym while Intermediate Boys toiled away on ergometers at the Torrens boathouse!!

Racing on Saturday was left to our Senior crews, the boys 1st VIII competing for the first time in 2014 and our Senior Girls who collected a medal in the 1st IV race and performed well in a Women’s U/19 event! On Sunday, Dimity and Sophie raced the newly acquired double, finishing second in their first race!

This weekend is again forecast to be hot, however, conditions at West Lakes are often more mild than in the city. Junior crews are entered to race; however, a final decision will be made on Friday afternoon as to whether they take part or, again, train at the gym. Every effort will be made to race; however, the safety of our rowers takes priority!

Head of the River creeps closer week by week, as does the PGS hosted regatta on 8 March!! If you can make a donation or have a business that might be able to assist, please make yourself known to any of our friendly committee members!!

GOOD ROWING - GO PULTENEY!!

Richard Sexton, Rowing Co-ordinator

FROM THE PRESIDENT

Welcome to the ‘business end’ of the rowing season and it’s now only a month and half until Head of the River!

What a summer we seem to be having! A record number of above 40 degree days for January and more intense heat now in February. It’s been testing for our rowers and coaches, with training regimes interrupted and necessarily changed because of the extreme weather. Last weekend it also saw a dramatic withdrawal of crews from racing and that was a sensible decision. Because extreme heat has become a feature recently, the Pulteney Boat Club Committee spent some time discussing the issues at our meeting this week, so I thought it timely to let you know what our priorities and actions will be.

First and foremost, feel assured that it’s a ‘safety first’ approach from the school, our club and SA Rowing. The wellbeing of rowers is a priority and no one will be training or racing on excessively hot days. The committee has now agreed that 35 degrees will be a trigger point for what we will, or won’t do with regattas and you’ll see more detail on that in news below from our catering sub-committee. Also, with days like this coming Saturday with a forecast to be 40 degrees or more, a final decision on crews competing will be made late on Friday afternoon’s by Rowing Coordinator, Richard Sexton. If you have any doubts, consult your coach or Richard about what’s happening.

That said, while it can often be above 40 degrees in Adelaide, conditions at West Lakes can be much cooler. I spoke with an umpire in the wake of last weekend’s extreme heat and while it was 42 degrees on Saturday, the temperature on the course for competing

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rowers did not rise above 28 degrees. Umpires on the water are responsible for monitoring temperature and once it reaches a critical point (as it did on Sunday when conditions were extreme) races are immediately cancelled. For those of us watching from the shore, it can be much hotter, but several of our rowers I spoke with confirmed that out on the water racing on Saturday, it was actually OK. All explanation to one side, please feel confident that every hot training day and regatta day will be assessed carefully and the welfare of our rowers will be put first.

The other key issue for us at present is our club’s hosted regatta on 8 March – the Saturday prior to Head of the River. This is a vital fundraising opportunity for the club and YOU can help. While our committee is working hard to secure sponsors for the day, do you know of any business or individual who might support our club with sponsorship? All suggestions will be welcome. Kym Hume is the Chair of Fundraising committee and he’d love to hear from you! It is key events like this hosted regatta that can make a huge difference to what boats and equipment the club can purchase each year and these are major expenses. Please help us with identifying sponsors and we’ll also need may hands on deck on 8 March to fulfill our hosting obligations.

Look forward to seeing you at our next regatta and here’s hoping that this Saturday is the last really hot regatta day!

Leigh Radford, President

RACE ENTRIES

SATURDAY 8 FEBRUARY 2014

DISTANCE TIME

RACE 4
Schoolboy Yr 8/9 B Coxed Quad Heat 1 1000m 8.45am
Progress: 1,2,3->FA; Rest->FB
Edward DeLuca, Samuel Bleby-Williams, Ethan Patrick, Isaac Manuel, Kayne Inns (cox)

RACE 6
Schoolboy Yr 8/9 A Coxed Quad Heat 1 1000m 8.55am
Progress: 1,2,3->FA; Rest->FB
Brayden Crush, Sam Hore, Sam Madsen, Lachlan Rawson, Elliot Bell (cox)

RACE 11
Schoolgirl Yr 8/9 B Coxed Quad Heat 1 1000m 9.20am
Progress: 1,2,3->FA; Rest->FB
Isla Walker, Sophie Radford, Stephanie Beer, Lillie Bailey, Jordan Anthony (cox)

RACE 13
Schoolgirl Yr 8/9 A Coxed Quad Heat 1 1000m 9.30am
Progress: 1,2,3->FA; Rest->FB
Alyiah Balacano, Hannah Scholz, Belinda Greig, Claire Churchhill, Madeline Dieperink (cox)

RACE 15
Schoolboy 1st Four 2000m 9.40am
William Foster-Hall, Edward Mader, Matthew Hume, Charlie Fewster, William Dieperink (cox), Coaches: Fearnley Szuster, Nicholas Hay, James Kieu

RACE 16
Schoolgirl 1st Four 2000m 9.45am
Alana Croft, Sally McLoughlin, Sophie Rawson, Dimity Dutch, Georgia Zuill (cox), Coaches: Phil Blesing, Madeline Sexton

RACE 24
Schoolboy Yr 8/9 B Coxed Quad 1000m 10.25am
B Final
RACE 25
Schoolboy Yr 8/9 B Coxed Quad 1000m 10.30am
A Final

RACE 26
Schoolboy Yr 8/9 A Coxed Quad 1000m 10.35am
B Final

RACE 27
Schoolboy Yr 8/9 A Coxed Quad 1000m 10.40am
A Final

RACE 31
Schoolgirl Yr 8/9 B Coxed Quad 1000m 11.00am
B Final

RACE 32
Schoolgirl Yr 8/9 B Coxed Quad 1000m 11.05am
A Final

RACE 33
Schoolgirl Yr 8/9 A Coxed Quad 1000m 11.10am
B Final

RACE 34
Schoolgirl Yr 8/9 A Coxed Quad 1000m 11.15am
A Final

RACE 37
Schoolboy Yr 9/10 B Coxed Quad 1500m 12.00pm
Jack Evans, Finn Brunning, Ben Gordon, Mac Cross, Sophie Radford (cox),
Coaches: Brynley Millward, Ruby Genborg

RACE 38
Schoolboy Yr 9/10 A Coxed Quad Heat 1 1500m 12.05pm
Progress: 1,2,3->FA; Rest->FB
Joel Case, Darcy Dunn-Lawless, Brandon Blight, Matthew Nielsen,
Alanah Gillsmore (cox), Coaches: Brynley Millward, Ruby Genborg

RACE 45
Schoolboy 1st Four 2000m 12.40pm
William Foster-Hall, Edward Mader, Matthew Hume, Charlie Fewster,
William Dieperink (cox), Coaches: Fearnley Szuster, Nicholas Hay, James Kieu

RACE 46
Schoolgirl 1st Four 2000m 12.45pm
Alanah Croft, Sally McLoughlin, Sophie Rawson, Dimity Dutch,
Georgia Zuill (cox), Coaches: Phil Blesing, Madeline Sexton

RACE 53
Schoolboy Yr 9/10 B Coxed Quad 1500m 1.20pm
Jack Evans, Finn Brunning, Mac Cross, Joel Case, Sophie Radford (cox),
Coaches: Brynley Millward, Ruby Genborg

RACE 54
Schoolboy Yr 9/10 A Coxed Quad 1500m 1.25pm
B Final

RACE 55
Schoolboy Yr 9/10 A Coxed Quad 1500m 1.30pm
A Final

RACE 66
Schoolboy Open Single Scull Division 1 2000m 2.25pm
N2 Jack Stark N4 Jake Cooke-Tilley
RACE 67
Schoolboy Open Single Scull Division 2 2000m 2.30pm
O4 Luke Radford  O6 Mitchell Johnston

RACE 70
Schoolboy Yr 9/10 Single Scull Division 1 1500m 2.45pm
R6 Brandon Blight  R6 Ben Gordon

RACE 71
Schoolboy Yr 9/10 Single Scull Division 2 1500m 2.50pm
S2 Darcy Dunn-Lawless  S4 Matthew Nielsen
S5 Joel Case

DIARY DATES – 2014
8 February Schools Super Series Regatta, West Lakes
15 February Regatta, West Lakes
22 February Murray Bridge Regatta
8 March Regatta hosted by Pulteney Grammar School, West Lakes

FROM THE COMMITTEE
Due to the heat waves that we have endured (and continue to endure) this summer, the Pulteney Boat Club Fundraising Committee has made a decision at its most recent meeting to implement a hot weather policy with regard to the running of the Bacchus BBQ Trailer at regattas. We don’t want to impose on parents to stand in front of a hot BBQ cooking bacon and egg rolls in the extreme heat, and there are health safety issues with storing of the food products. Also, the re-sale of cold rolls has health risks when being sold in very hot weather. The cold rolls are made fresh and need to be brought down to a safe temperature and maintained at that temperature. (Rest assured, the committee carefully monitors the food safety temperature of our products during regattas.)

As we would not wish any persons to be taken ill as a result of cooking or buying our hot and cold food, the new hot weather policy for the Bacchus BBQ is:

If 35 degrees or over is forecast (as per the Bureau Of Meteorology website), on the Wednesday before the Saturday regatta (due to food ordering), the committee will not be running the BBQ or selling cold rolls. Drinks for sale and tents for shade are to be taken down to the regatta, subject to the number of crews entering. This decision will be made on a regatta-by-regatta basis.

We look forward to the next time we can offer our egg and bacon rolls, as I for one can feel a craving coming on! Unfortunately the forecast for this coming Saturday is 40 degrees. 😔

Kind regards
Linda Humphries – Treasurer

PULTENEY IS A SUN SMART SCHOOL
Remember to wear your proper Pulteney rowing uniform, including your hat!
IT IS ESSENTIAL, throughout the season, to bring plenty of water and slap on sunscreen to protect yourself from the sun.
Be SUNSMART!