Another fabulous day for racing last weekend – and I don’t mean Supercars! Instead of petrol fumes, we enjoyed the scent of egg and bacon rolls wafting along the beach, instead of horsepower we admired the power of our rowers, large and small, toiling hard on the water!

There were no spills but plenty of thrills at West Lakes, the Junior B girls boat definitely in need of a panel beater after Seymour came a bit too close! A bit of bog and a coat of paint …

There is understandably a lot of attention focused on Head of the River in a week and a bit, however, the remaining five weeks are critical, especially to our younger rowers. Year 8/9 crews are working very hard at training but have unfortunately not seen much return for their effort at this stage. Similarly, coaches Alex and James are feverishly working with the Development squad twice a week, hoping to create at least one more crew before seasons end!

The Pulteney regatta is upon us! If you have not been assigned a task by our friendly committee, please don’t be shy, let me know and you can get involved and do your part to help make the day a huge success!!

GOOD ROWING - GO PULTENEY!!

Richard Sexton, Rowing Co-ordinator

Our big day is upon us, with the Pulteney Boat Club hosting our regatta this Saturday. It’s a major exercise for us to mount, but it’s a vital one for us to help maximise our fundraising activities. On behalf of the Club, may I thank all individuals and families who have contributed towards the day as volunteers, those who have formally sponsored us through their own businesses, and for all who have made a voluntary donation. It is wonderful for the club to have this support and ultimately our rowers will benefit through the equipment and resources we can provide them to be competitive. It’s a wonderul sport, but it is an expensive investment and every dollar raised by the committee makes a real difference. And while Saturday will be a big effort from all involved, it’s a great day and it does much to build our club spirit and the camaraderie we enjoy. Thank you all.

We’re also only just a week away from the Head of the River - the biggest day on the seasonal calendar for our crews. There are often challenges and a few dramas at this time and this season, but it’s these very things that often see our rowers and their crews rise to the occasion and achieve. Sometimes there can be some real distress with injuries, crew selections and even whether some get to row at all. It can be incredibly challenging for our dedicated coaches as well and they deserve our support. But at the end of it all, there are always positives and great stories of personal growth which emerge. We are now collectively close to the line and close to finishing off our season with pride.

Contents:
From the Rowing Co-ordinator
From the President
Race Entries
Diary Dates 2014
From the Committee

Diary Dates:
Pulteney Boat Club Meeting:
• Monday 31 March 2014
  Wheaton House, PGS
  6.30 for 6.45pm start – All welcome.

Regattas and Events:
Saturday 8 March 2014
Regatta hosted by Pulteney Grammar School, West Lakes

Saturday 15 March 2014
Head of the River, West Lakes

Saturday 22 March 2014
2nd Grade & Masters State Championships, West Lakes

Saturday 5 April 2014
Schools State Championships & School Super Series, West Lakes

Saturday 5 April 2014
End of Season Dinner, Wyatt Hall, Pulteney Grammar School

Bookings at Trybooking:
http://www.trybooking.com/EGUX

Committee Contacts:
President: Leigh Radford
Radford_Leigh@abc.net.au
0409 678 323

Vice President: Carolyn Johnston
Carolyn@printmint.com.au
0413 273 938

Secretary: Heather Glynn-Roe
hglynnroe@gmail.com
0412 568 917
Finally a brief reminder about our end of season dinner to be held on Saturday 5 April in Wyatt Hall. This is where the formal presentations will be made and it is a mandatory function for all rowers. It's also a great fun occasion on which to farewell the season. Bookings at http://www.trybooking.com/EGUX.

And if you're keen on some casual fun on the evening of Head of the River – 15 March, our Club Vice President Carolyn Johnston, is organising a dinner open to all interested. This is a purely casual occasion and is not an official club/school end of season activity. It will be a fun evening and all club rowers and parents are welcome from 6.30–9.00pm at the FU LIN restaurant, 152 Goodwood Road, Goodwood. The cost will be $25 per person for a banquet, including a BYO charge. Please RSVP to Carolyn Johnston on 0413 273 938 by 13 March if you would like to come.

Look forward to seeing you on Saturday for Pulteney's hosted regatta and best of luck to all our crews!

Leigh Radford, President

RACE ENTRIES

SATURDAY 8 MARCH 2014

<table>
<thead>
<tr>
<th>RACE 14</th>
<th>RACE 16</th>
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<tbody>
<tr>
<td>Schoolboy Yr 8/9 B Coxed Quad</td>
<td>Schoolboy Yr 8/9 A Coxed Quad Div 2</td>
</tr>
<tr>
<td>Kayne Inns, Brayden Crush, Samuel Bleby-Williams, Isaac Manuel, Edward DeLuca (cox)</td>
<td>Elliot Bell, Sam Hore, Sam Madsen, Lachlan Rawson, Ethan Patrick (cox)</td>
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<tr>
<td>1000m</td>
<td>1000m</td>
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<tr>
<td>9.05am</td>
<td>9.15am</td>
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<tr>
<th>RACE 20</th>
<th>RACE 24</th>
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<tbody>
<tr>
<td>Schoolgirl Yr 8/9 C Coxed Quad Div 1</td>
<td>Schoolgirl Yr 8/9 A Coxed Quad Div 1</td>
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<tr>
<td>1000m</td>
<td>1000m</td>
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<tr>
<td>9.35am</td>
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<tr>
<th>RACE 31</th>
<th>RACE 36</th>
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<tbody>
<tr>
<td>3rd Grade Women's Coxed Quad Div 2</td>
<td>3rd Grade Women's Coxed Quad Div 7</td>
</tr>
<tr>
<td>1000m</td>
<td>1000m</td>
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<tr>
<td>10.30am</td>
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<tr>
<th>RACE 37</th>
<th>RACE 42</th>
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<tbody>
<tr>
<td>3rd Grade Men's Single Div 1</td>
<td>Schoolboy 1st Four 2000m</td>
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<td>1000m</td>
<td>2000m</td>
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<tr>
<td>11.00am</td>
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<tr>
<th>RACE 43</th>
<th>RACE 47</th>
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<tbody>
<tr>
<td>Schoolgirl 1st Four 1</td>
<td>Schoolboy 1st Eight</td>
</tr>
<tr>
<td>Alanah Croft, Sally McLoughlin, Sophie Rawson, Dimity Dutch, Georgia Zuil (cox), Coaches: Phil Blesing, Madeleine Sexton</td>
<td>Mitchell Johnston, Charlie Fewster, Jake Cooke-Tilley, Danilo Laganin, William Foster-Hall, Edward Mader, Matthew Hume, Jack Stark, William Dieperink (cox), Coach: Fearnley Szuster</td>
</tr>
<tr>
<td>2000m</td>
<td>2000m</td>
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<tr>
<td>11.30am</td>
<td>11.50am</td>
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| RACE 52 | |
|---------||
| 3rd Grade Men's Coxed Quad Div 1 | |
| Elliot Bell, Sam Hore, Sam Madsen, Lachlan Rawson, Ethan Patrick (cox) | |
| 1000m | |
| 12.15pm | |

Treasurer: Linda Humphries
linda@clarbrow.com.au
0432 936 397

Committee Email:
pulteneyboatclub@live.com

Rowing Coordinator:
Richard Sexton
richard.sexton@pulteney.sa.edu.au
0408 677 86

Coaches:

Boys' Senior Coaches
Fearnley Szuster
Assistant: James Kieu, Nicholas Hay

Girls' Senior Coach
Phil Blesing 0428 819 051
Assistant: Maddy Sexton

Intermediate Year 9/10 Coaches
Brynley Millward 0458 885 362
Assistant: Ruby Genborg

Juniors' Coaches
(Boys and Girls)
Jess Carlson-Jones, Ben Drogemuller, Alexander Anthony (Fluffy), Jack Hewson and James Hunter

Photos courtesy of Steve Hall
RACE 53
3rd Grade Men's Coxed Quad Div 2 1000m 12.20pm
Kayne Inns, Brayden Crush, Samuel Bleby-Williams, Isaac Manuel, Edward DeLuca (cox)

RACE 55
3rd Grade Men's Coxed Div 4 1000m 12.30pm
Jack Evans, Finn Brunning, Darcy Dunn-Lawless, Mac Cross, Ruby Genborg (cox), Coach: Brynley Millward
Joel Case, Ben Gordon, Brandon Blight, Matthew Nielsen, Alanah Gillsmore (cox), Coach: Brynley Millward

RACE 61
Schoolboy Yr 9/10 B Coxed Quad 1500m 1.40pm
Jack Evans, Finn Brunning, Darcy Dunn-Lawless, Mac Cross, Ruby Genborg (cox), Coach: Brynley Millward

RACE 62
Schoolboy Yr 9/10 A Coxed Quad Div 1 1500m 1.45pm
Joel Case, Ben Gordon, Brandon Blight, Matthew Nielsen, Alanah Gillsmore (cox), Coach: Brynley Millward

RACE 75
2nd Grade Women's Coxed Four Div 2 2000m 2.50pm
Alanah Croft, Sally McLoughlin, Sophie Rawson, Dimity Dutch, Georgia Zuill (cox), Coaches: Phil Blesing, Madeleine Sexton

RACE 79
2nd Grade Men's Coxed Quad 1500m 3.10pm
Joel Case, Ben Gordon, Brandon Blight, Matthew Nielsen, Alanah Gillsmore (cox), Coach: Brynley Millward
Jack Evans, Finn Brunning, Darcy Dunn-Lawless, Mac Cross, Ruby Genborg (cox), Coach: Brynley Millward

RACE 83
3rd Grade Women's Double Div 2 1000m 3.30pm
Sophie Rawson, Dimity Dutch, Coaches: Phil Blesing, Madeleine Sexton

RACE 84
3rd Grade Men's Coxed Four 1000m 3.35pm
William Foster-Hall, Edward Mader, Matthew Hume, Charlie Fewster, William Dieperink (cox), Coach: Fearnley Szuster

DIARY DATES – 2014
15 March  Head of the River, West Lakes
22 March  2nd Grade & Masters State Championships, West Lakes
5 April  Schools State Championships & School Super Series, West Lakes
5 April  2014 End of Season Dinner, Wyatt Hall, Pulteney Grammar School Bookings at Trybooking – details to follow.

FROM THE COMMITTEE: Catering Sub-Committee:
The Catering Sub-Committee is looking for offers of help for the upcoming Hosted Regatta to be held on Saturday 8 March. If you can help by supplying - a loaf of sandwiches, muffins, sweet slices, Chocolate brownies or some cheese / biscuits / strawberries / grapes or if you have a contact for fruit we would be very grateful.

Please contact Lynne Rawson with any offers Phone: 8373 2707 or Mobile: 0412 115 129 or email lrawson@adam.com.au

The Pulteney Rowing Club is providing food for the Rowing SA volunteers, and invited Guests (Major Sponsors) Many thanks (in advance).

Head of the River Merchandise – Order online (www.trybooking.com/77640) up to Friday 14 March to receive $5.00 off per item. Collect from the Merchandise marquee at the Regatta. See flyer below.
PULTENEY IS A SUN SMART SCHOOL

Remember to wear your proper Pulteney rowing uniform, including your hat!

IT IS ESSENTIAL, throughout the season, to bring plenty of water and slap on sunscreen to protect yourself from the sun. Be SUNSMART!