Oar-Inspired

FROM THE ROWING CO-ORDINATOR

Another good effort last weekend by all crews, emphatically finished off by the boys eight finishing strongly at the end of the day giving momentum into the 1st grade and school state championships regatta this weekend.

The weather is forecast to be very hot in Adelaide on Saturday with a slightly cooler outlook for Sunday. As we all know, the temperature at West Lakes is nearly always lower than in town so please assume that the regatta is going ahead as planned. Rowing SA will monitor conditions closely throughout the regatta, especially on the water and they will make modifications to the program as required. Of course, the welfare of our athletes is paramount and we will be closely monitoring our rowers as well.

It goes without saying that rowers must wear hats, apply (and re-apply) sunscreen and take on plenty of water before and during the regatta.

The regatta is scheduled for two days so please be aware of when your events are, especially as some times might change!

A reminder to please book your seat at the Head of the River dinner in Wyatt Hall on Saturday 12 March. Forget everything else that’s on in Adelaide on that weekend and get along to hear from our rowers and coaches!

Attached to the end of this newsletter is merchandise information supplied by the Head of the River host which may be of interest to you.

GO PULTENEY – NO EXCUSES!
Richard Sexton
Head of Rowing
FROM THE PRESIDENT

We're now just over a week away from the Head of the River, the biggest day on the seasonal calendar for our crews. There are often challenges and a few dramas at this time of the season, but it's these very things that often see our rowers and their crews rise to the occasion and achieve. Sometimes there can be some real distress with injuries, crew selections and even whether some get to row at all. It can be incredibly challenging for our dedicated coaches as well and they deserve our support. But at the end of it all, there are always positives and great stories of personal growth which emerge. We are now collectively close to the line and close to finishing off our season with pride.

And while our rowers are putting in the hard yards at present, so too are parents – whether it’s transporting around weary rowers, supporting them at regattas, or helping out with fundraising. On that score, the Pulteney Boat Club has had a very successful season. Every activity we’ve undertaken has turned a profit and our Bacchus BBQ trailer is literally cooking with gas. The parents who are the backbone of running Bacchus each week – under the guidance of Emily Churchill – have doubled our average weekly takings this season. Our food quality has never been higher and our new burger line is proving highly successful. Good news travels and we’ve been selling out each week! All those efforts by parents contribute to better equipping our rowers to do their best work. Thanks to everyone who pitches in with typical Pulteney Boat Club community spirit.

Finally a brief reminder about our Head of the River dinner to be held on Saturday March 12th in Wyatt Hall. This is where the formal presentations will be made and it is a mandatory function for all rowers. Please come along and support our rowers and this great end of season Club event. You can book here: http://trybooking.com/EGUX

Leigh Radford
President, Pulteney Boat Club Committee

DIARY DATES – 2015–2016

2016
5-6 March 1st Grade State Championships
12 March Schools’ Head of the River Regatta, West Lakes

REGATTA ENTRIES
1st Grade & School State Championship Regatta – 5 & 6 March, 2016

Under 17 Mens Single
Rory Egarr

Schoolboy Yr8/9D Coxed Quad
Denton, Kilgariff-Johnson, Coombs, Dickinson, Burgess (cox)

Schoolboy Yr8/9B Coxed Quad
Brown, Rooke, O’Dea, Casey, Pledge (cox)

Schoolboy Yr8/9A Coxed Quad
Wilson, Koumi, Hassan, Mellor, H Brunning (cox)

Schoolgirl Yr8/9D Coxed Quad
Tucker, Casey, Bennett, Muller, Aldridge (cox)

Schoolgirl Yr8/9A Coxed Quad
Woolley, Lukisch, A Molony, Tubb, N Perrott (cox)
Under 19 Mens Double (COMPOSITE) 2000m 10:25am
Hal Frigaard (AUBC), M Nielsen

Schoolboy Yr9/10C Coxed Quad Prelim 1500m 10:55am
Brown, Rooke, O'Dea, Casey, Pledge (cox)
Wilson, Koumi, Hassan, Mello H Brunning (cox)

Schoolboy Yr9/10A Coxed Quad Heat 1 1500m 11:05am
D Nielsen, Horsell, Dahm, Egarr, Paraskeva (cox)

Schoolgirl Yr9/10A Coxed Quad Prelim 1500m 11:25am
W Molony, Chapman, Kailis-Phillips, Turczynowicz, Morello (cox)

Schoolboy 1st Four Heat 1 2000m 11:40am
Denham, Patrick, Richards, DeLuca, Baigent (cox)

Schoolgirl 1st Four Heat 1 2000m 11:50am
Churchill, McLoughlin, Radford, Mol, Attanasio (cox)

Schoolboy 1st Eight Prelim 2000m 12:10pm
F Brunning, Gordon, Rawson, Blight, Hore, Nielsen, Jerkic, Perrott, Gilsmore (cox)

Schoolgirl 1st Eight Prelim 2000m 12:15pm

Schoolboy Yr8/9D Coxed Quad Final 1000m 1:30pm
Denton, Kilgariff-Johnson, Coombs, Dickinson, Burgess (cox)

Schoolboy Yr8/9B Coxed Quad Final 1000m 1:40pm
Brown, Rooke, O'Dea, Casey, Pledge (cox)

Schoolboy Yr8/9A Coxed Quad B Final 1000m 1:45pm

Schoolboy Yr8/9A Coxed Quad A Final 1000m 1:50pm

Schoolgirl Yr8/9D Coxed Quad B Final 1000m 2:15pm

Schoolgirl Yr8/9D Coxed Quad A Final 1000m 2:20pm

Schoolgirl Yr8/9A Coxed Quad B Final 1000m 2:40pm

Schoolgirl Yr8/9A Coxed Quad A Final 1000m 2:45pm

3rd Grade Mens Single
Anthony Lucas Div 1 1000m 3:10pm

3rd Grade Womens Single
Natasha Perrott Div 2 1000m 3:25pm

Youth Mens Single
Matthew Nielsen 2000m 3:55pm

SUNDAY 6 MARCH

Under 19 Mens Single
Matthew Nielsen 2000m 8:50am

Under 17 Mens Single
Rory Egarr ?? Div 2 1000m 9:25am

Under 19 Mens Coxless Quad (COMPOSITE)
Perrott, Jerkic, Frigaard (AUBC), M Nielsen 2000m 9:35am
Under 19 Womens Coxless Quad 2000m Churchill, McLoughlin, Radford, Mol 9:40am

Schoolboy Yr9/10C Coxed Quad Final 1500m 10:30am
Schoolboy Yr9/10A Coxed Quad B Final 1500m 10:40am
Schoolboy Yr9/10A Coxed Quad A Final 1500m 10:45am
Schoolgirl Yr9/10A Coxed Quad Final 1500m 11:00am

Schoolboy 1st Four B Final 2000m 11:05am
Schoolboy 1st Four A Final 2000m 11:10am
Schoolgirl 1st Four B Final 2000m 11:15am
Schoolgirl 1st Four A Final 2000m 11:20am

Schoolboy 1st Eight Final 2000m 11:35am
F Brunning, Gordon, Rawson, Blight, Hore, Nielsen, Jerkic, Perrott, Gilsmore (cox)

Schoolgirl 1st Eight Final 2000m 11:40am

3rd Grade Womens Coxed Quad Div 1 1000m 1:30pm
E Molony, Chapman, Kailis-Phillips, Turczynowicz, Morello (cox)

3rd Grade Womens Eight 1000m 1:45pm

VOLUNTEER ROSTER

Thank you to all of our wonderful volunteers for offering to help out, week after week. This roster is for Saturday 5 March only - if you can’t do your shift, please arrange for someone else or let Tracey (lateradford@gmail.com) know.

<table>
<thead>
<tr>
<th>Set Up (0700am)</th>
<th>Trailer/set up</th>
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<tr>
<td></td>
<td>1. McLoughlin</td>
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<tr>
<td>1. Bruce Rawson</td>
<td>1. Leigh Radford</td>
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<tr>
<td>2. Jason Denton</td>
<td>2. Andrew Beer</td>
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<td></td>
<td>1. Phil Brunning</td>
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<td>2. Damien DeLuca</td>
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<td>BBQ assist (1)</td>
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<tr>
<td>Brown family</td>
<td>1. Chapman</td>
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<tr>
<td>(Emily or Lynne to assist)</td>
<td>2. Halbert/Molony</td>
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<td></td>
<td>1. Blight</td>
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<td>2. Egarr family</td>
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<td>Servers (2)</td>
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<td>1. Luksich family</td>
<td>1. Trudy Patrick</td>
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<tr>
<td>2. Lucy Tubb</td>
<td>2. Paraskeva family</td>
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<td>1. Megan De Luca</td>
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<td>2. Kathryn Barber</td>
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<td>Clean up and return Trailer</td>
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<td>Clean up</td>
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<td>1. Perrott</td>
<td>1. Patrick</td>
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<td>2. Dieperink</td>
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<td>3. Brunning</td>
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Pulteney Boat Club thanks Platinum sponsor the University of Adelaide for their support through the 2015-2016 season.

Head of the River 2016 Merchandise

To order go to: http://www.trybooking.com/KPGX OR http://www.trybooking.com/186079

Online bookings close 6th March 11:59pm) Available for purchase on the Sat 12th March 2016 @ Head of the River Regatta

Hoodie Unisex

Poly Cotton Fleece
Navy only

Unisex Sizes

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<th>Sizes</th>
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<td>122</td>
<td>126</td>
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$70.00

Youth Sizes

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Ladies – T-Shirt

Premium Combed Cotton Fitted style with capped sleeves White/Navy
$40.00

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Ladies Singlet

Premium Combed Cotton Fitted Style with fashion cut straps
Navy/White
$40.00

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Ladies Shorts

Microfibre shorts
Navy
$40.00

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<th>M</th>
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Unisex T-Shirt

Premium Combed Cotton Traditional unisex cut
Navy / White
$40.00

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</table>
Unisex Tank Top

Top Cotton pre-shrunk jersey traditional unisex tank top cut
Navy/White
$40.00

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Mens Shorts

Microfibre shorts
Navy
$40.00

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<tr>
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<tbody>
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<td>Waist (cm)</td>
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Unisex Tracksuit Pants

Poly Cotton Fleece – traditional fit & style with zipped cuffs on each leg
Navy
$60.00

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