FROM THE ROWING CO-ORDINATOR

The 2014-2015 rowing season is now but a distant memory, the accomplishments of our rowers (and coxes), consigned to the annals of history. The good news however is that next season is only a few short months away!!

A number of rowers have asked about winter rowing training. Last season we ran Sunday sessions at the Torrens shed for anyone who was interested (including parents). These trainings were optional and will again be offered – more information to follow!

Many rowing clubs run winter training programmes for school age rowers, Torrens Rowing Club, Adelaide Rowing Club, Adelaide Uni Boat Club, Port Adelaide Rowing Club to name a few. Usually these involve one or two morning trainings a week, possibly more. It is important to note please that winter rowing training with a club does not exclude you from School sport. We need all rowers to be active playing School sport over winter, staying in shape for rowing season, as always, School sport must take priority.

Over the course of the season, Steve Hall has been happily snapping away creating a visual record of our rowers triumphs and trials. Many thanks to Steve for making these fantastic images available to us all. Copy and paste the following address into your search bar to view the Head of the River album!

https://drive.google.com/folderview?id=0B-dSD6NK_W13lkVNSWITODdocFdGUiMSWl3Mk1JRGJUbUhUFZnajN1LXZzMmw0aV96akE&usp=sharing

The Boat Club Committee has created a Facebook page ‘Navy Blue 29’ which is worth a look. Designed to connect the club with the wider Pulteney rowing community, be sure to ‘Like’ this page and receive notifications.

Looking forward to next season!!

GO PULTENEY!

Richard Sexton, Head of Rowing

The University of Adelaide
FROM THE PRESIDENT

Another season passes. The boats have been put away for winter, training now seems a distant memory and the adventures of another busy season are complete.

It's been a very successful year for the club and on reflection there are many reasons to celebrate. Our Girls 1st IV had a well deserved Head of the River victory and a number of other crews have reason to feel very proud of their efforts on the day. More broadly, I hope that all of our rowers will feel a sense of satisfaction, achievement and pride in their efforts across the season. There is far more to competition than just winning and there are many lessons that our rowers will take from this disciplined sport, which will help them throughout life in applying themselves and striving to achieve. It's a great sport.

The rowing community more broadly should also feel a sense of pride and satisfaction. It's a wonderful microcosm of what the School overall strives to be - a vital, supportive and engaging community. The Boat Club is quite unique within the school for it's sense of purpose, collegiality and effectiveness in supporting the sport. Our activities across the year have all been very successful in raising funds for rowing. Whether it's the Saturday BBQs, our key functions like Quiz night, or hosting a Regatta - all have raised valuable funds and been financial successes. We haven't finalised the books yet, but it may yet prove to be a record season for fundraising.

With so many individual thanks appropriate to so many, may I single out the very hard working Boat Club committee for their tireless work. This group puts in a remarkable level of volunteer effort. All are busy people, yet they find the time and have real passion in devoting huge efforts to running our club. Our coaches also frequently go ‘above and beyond’ in looking after and nurturing their charges. And our Rowing Coordinator works harder than most appreciate and is a tireless and committed leader of the club. Like many leadership roles, it is largely thankless and has more frustrations than is fair. I know this only too well and sincerely thank Richard Sexton for his good work.

The Pulteney Boat Club is a special part of the school community. Well done to all who make it what it is. All the very best to our senior rowers who leave the club and may the gifts you've received through rowing, continue to enrich your lives for many years to come. And finally to the rest of our rowers, enjoy your winter break and may you return in spring with vitality and passion, to build the next successes of the Club.

Regards,
Leigh Radford, President

DIARY DATES – 2015

22 August        Winter Intercol
5 September    Rowing training starts!!
8-11 October  Pre-season Rowing Camp (Ankara – Walker Flat)

PORT ADELAIDE ROWING CLUB

Winter rowing training is available at the Port Adelaide Rowing Club on Sunday mornings at 9.00 am. Sessions will include stroke/technique corrections including video analysis as well as on water coaching sessions. All rowers and families are welcome. Cost is $10 per session. Contact Mike Nielsen (President) - 0417 869 951 or michael.nielsen@pulteney.sa.edu.au

Coaches:

Boys’ Senior Coaches
Fearnley Szuster 0439 036 343
Ruby Genborg 0466 494 584
Tax Skrembos 0425 118 592
Boys’ 1st IV Coach
Mike Nielsen 0417 869 951

Girls’ Senior and Intermediate Coaches
Phil Blesing 0428 819 051
Assistant: Maddy Sexton 0447 883 316

Boys Intermediate Coach
Brynley Milward 0458 885 362
Assistant: Ed Mader: 0488 619 888

Juniors’ Coaches (Boys and Girls)
Jess Carlson-Jones, Nathan Taverner,
Ben Droegemuller, James Kieu,
Alexander Anthony,
Mitch Johnston, Jake Cooke-Tilley