SPORT AT PULTENEY – PARENT HANDBOOK

INTRODUCTION

This handbook provides an overview of sport at Pulteney and how it affects your child(ren) and you. When referring to sport we mean those sporting activities which occur outside of the academic curriculum and which normally involve activities outside of the school day. As such, sport should not be confused with Physical Education, which is a timetabled subject within the school curriculum.

Sport at Pulteney

Sport has a very long history at Pulteney. The school history contains photographs of sporting teams from the very early days of the school. It has always occupied an important part of the life of the school and is valued for the opportunities it provides for team building; social interaction; self-discipline; the development of active, healthy lifestyles; and the development of the values espoused by the school.

While we see sport as being important, we believe it should be supportive of the curriculum rather than as a replacement for it. By their involvement in the sports programme students are developing life skills and fitness which supports their academic pursuits. Involvement in sport is not “instead of” meeting the requirements of the curriculum. Indeed success at university and in post school life is enhanced for those who maintain an interest in other activities. They keep busy and healthy and have a well balanced approach to life. Everyone can benefit from involvement in sport.

The philosophical underpinnings of sport at Pulteney relate more to involvement than elitism with success being measured much more broadly than by win/loss ratios.

Management of Sport

The Sports programme at Pulteney is managed by the Head of Sport, Mr Nik Sacoutis. He has oversight of the entire programme (ELC – 12) and direct responsibility for the Year 7 – 12 boys & girls programmes. He is assisted by Mr Richard Sexton (sport administrator & Rowing Coordinator) and Mr Bill Davis (Year 3 – 6 sport). Reporting to them are a number of sports co-ordinators and coaches. This is outlined in more detail in what follows.

Range of Activities

A wide range of activities are on offer throughout the year. They are the result of balancing student interest and preferences with facilities and expertise, and the ability to provide appropriate supervision. A list of the activities normally offered is provided elsewhere in this document.
PARTICIPATION AND INVOLVEMENT

Pulteney expects all students to be involved in school sports – it is compulsory at most year levels, as outlined below:

**Kurrajong**
There are no formal co-curricular competitions for Kurrajong students. All students are involved in programmes of organised play and physical activities to develop gross motor skills. Any co-curricular activities that are offered are done so on the basis of purely voluntary student involvement. Exceptions to this might include the Kurrajong Christmas play and similar activities which include all students.

**The Prep**
Organised sporting competitions are introduced at Prep School level and all students in Years 3 – 6 are expected to play one sport per season. Where there are insufficient numbers to field a team in any particular sport, students may select a second sport.

Prep sports training occurs for all students during school hours on Wednesday afternoons.

A number of non-sporting co-curricular electives are available each term. These are optional and students may choose one elective per term.

**The Middle School**
Involvement in co-curricular activities is compulsory for all Middle School students. Each and every student is required to do at least three activities per year, two of which must be sports (one in terms 1 and 4, and one in terms 2 and 3). These can be selected from a wide range of activities. In addition, all Middle School students are involved in community service activities.

Athletics is a special case. Inclusion in athletics is additional to the other three activities and students who are selected for the short athletics season are **required** to compete.

**“one ninety”**
It is compulsory for Year 10 and Year 11 students to do two co-curricular activities and for Year 12 students to do three terms. Even so, the expectation is for a greater level of involvement unless particular circumstances prevent this. In addition all **one ninety** students are also involved in community service activities.

Athletics is a special case. Inclusion in athletics is additional to the minimum requirements above. Students who are selected for the short athletics season are **required** to compete.

**Rungie Cup**
Another avenue for student involvement in co-curricular activities is the Rungie Cup. This competition is organised by Mr Nik Sacoutis in conjunction with the Heads of Houses for Middle School and **one ninety** students. Games are usually played at lunch times. Feature events include the annual swimming, athletics and cross country competitions. It is a requirement that all students are involved in the feature events, if not as competitors, then as officials, assistants or supporters. (A junior Rungie Cup competition will be progressively introduced in the Prep School from 2011 ).
**Compulsion and Commitment**

Where involvement in a co-curricular activity is defined as compulsory, failure by a student to fulfil their responsibilities (i.e. participation; appropriate conduct; attendance at training, practices, rehearsals etc) may result in detentions or other disciplinary measures being invoked.

Involvement in a school sport would normally involve one or two training sessions each week (usually after school) and a match. Most sports have matches on Saturday mornings (or afternoons for First XI Cricket and First XVIII Football). Some sports are played after school on weeknights.

**School Sport vs Other Sporting Commitments**

It is not acceptable for a student to exempt themselves from a school sport on the basis that they play this sport, or another sport offered by the school, for an outside club at the same time. *Where such a clash occurs it is expected that the student will play for the school.*

Where a student has a demonstrable commitment to a sport that is not offered by the school and this prevents involvement in a school sporting activity, then an exemption may be negotiated with the Head of Sport. In such cases this sporting commitment will be acknowledged by the school and credited as a bona fide co-curricular activity.

**Choosing a sport – the Nominations Process**

Students across the school are asked to nominate their sport towards the end of the previous year. This is to enable the processing of the large number of nominations to determine how many teams in each sport will be fielded and for this information to be provided to the many sporting associations with which the school is involved.

Nominations for winter sports (Terms 2 and 3 competition) are re-confirmed with students prior to the end of Term 1.

It is possible for some changes to nominations to be made by students. Changes will only be permitted where this does not cause a team to have to withdraw.

In the Prep School any request to change a nomination must be made to the Head of Prep Sport in writing, either by way of the student diary or by email.

In the Senior School the student must make application to the Head of Sport, having first consulted with the Co-ordinator of the sport they are leaving and the co-ordinator of the sport they wish to join.

Changes in sports nomination cannot be guaranteed after the nominations for that year have been processed.
ORGANISATIONAL MATTERS

School Sports Providers

There is no single, overarching provider of school sport. Consequently the school is involved with a number of different associations, each with its own structure, administration, regulations and idiosyncrasies. Hence, providing a comprehensive sporting programme is a complex exercise.

The main associations with which Pulteney is involved are:

SAAS   The South Australian Adelaide Schools competition, which deals with a wide range of sports for boys from years 4 to 12

IGSSA  The Independent Girls Secondary Sports Association. The school is involved with this association in providing a small number of sports for girls from years 7 to 12.

CSSGSA The Catholic Secondary School Girls Sports Association. The school is involved with this association in providing a range of sports for girls from years 7 or 8 to year 12.

SARA   South Australian Rowing Association. The rowing schools in SA work closely with SARA in organising regattas for senior school students.

JSGSA  Junior Schools Girls Sports Association caters for girls sports from years 3 to 6. It provides tennis for years 5 and 6, soccer for years 4, 5 and 6.

SAJNA  Southern Area Junior Netball Association provides netball matches for girls in years 5 to 7.

USFA   Unley Sport For All, the school has year 3 and 4 netball teams, and year 7 volleyball.

SAJSA  Southern Area Junior Softball Association provides softball matches for years 4 to 7.

SAPSASA SA Primary School Sports Association. This association provides opportunities for boys and girls to play representative sport at a higher level in a variety of sports. It caters for students in years 4 to 7, with the main emphasis on years 6 and 7 representative teams.

Wayville Sports Centre accommodates boys and girls basketball teams from years 3 to 7.

Sturt Football Club – Primary Schools football program – caters for junior football from years 2 to 5.

Sturt District Cricket Club – provides Kanga cricket for years 2, 3 and 4.
Sports Offered
Pulteney provides a wide range of sports at interschool level. The year levels at which these are offered and the number of teams nominated reflects the level of student interest, which can vary from year to year. e.g. there are more soccer teams than a few years ago and less football teams; netball has grown in popularity whereas basketball for girls is now less popular.

The breadth of the sports programme is also influenced by the capacity of the school to support particular activities.

Sports currently offered by the school include: *(please note this is subject to change)*

<table>
<thead>
<tr>
<th>Sport</th>
<th>Season</th>
<th>Gender</th>
<th>Year levels</th>
<th>Day Played</th>
<th>Association</th>
</tr>
</thead>
<tbody>
<tr>
<td>Athletics</td>
<td>Summer</td>
<td>Girls</td>
<td>8-12</td>
<td>Carnival Day</td>
<td>IGSSA</td>
</tr>
<tr>
<td>Athletics</td>
<td>Winter</td>
<td>Boys</td>
<td>8-12</td>
<td>Carnival Day</td>
<td>SAAS</td>
</tr>
<tr>
<td>Basketball</td>
<td>Summer</td>
<td>Girls</td>
<td>8-12</td>
<td>Saturday</td>
<td>IGSSA</td>
</tr>
<tr>
<td>Basketball</td>
<td>Winter</td>
<td>Boys</td>
<td>8-12</td>
<td>Saturday</td>
<td>SAAS</td>
</tr>
<tr>
<td>Basketball</td>
<td>Summer</td>
<td>Girls</td>
<td>7</td>
<td>Wednesday</td>
<td>Wayville Sports Centre</td>
</tr>
<tr>
<td>Basketball</td>
<td>Summer</td>
<td>Boys/Girls</td>
<td>3,4,5,6</td>
<td>Mon, Wed, Thurs</td>
<td>Wayville Sports Centre</td>
</tr>
<tr>
<td>Cricket</td>
<td>Summer</td>
<td>Boys</td>
<td>3, 4, 5, 6</td>
<td>Sat / Fri</td>
<td>Sturt CC, SAAS</td>
</tr>
<tr>
<td>Cross Country</td>
<td>Winter</td>
<td>Boys/Girls</td>
<td>4-12</td>
<td>Wednesday</td>
<td>SAAS</td>
</tr>
<tr>
<td>Football</td>
<td>Winter</td>
<td>Boys</td>
<td>6-12</td>
<td>Saturday</td>
<td>SAAS</td>
</tr>
<tr>
<td>Football</td>
<td>Winter</td>
<td>Boys</td>
<td>10-12</td>
<td>Wednesday</td>
<td>Southern Zone Sport</td>
</tr>
<tr>
<td>Football</td>
<td>Winter</td>
<td>Boys/Girls</td>
<td>2,3,4,5,6</td>
<td>Saturday</td>
<td>Sturt FC, SAAS</td>
</tr>
<tr>
<td>Hockey</td>
<td>Winter</td>
<td>Boys</td>
<td>10-12</td>
<td>Saturday</td>
<td>SAAS</td>
</tr>
<tr>
<td>Hockey</td>
<td>Winter</td>
<td>Girls</td>
<td>8-12</td>
<td>Saturday</td>
<td>Catholic Girls</td>
</tr>
<tr>
<td>Hockey</td>
<td>Winter</td>
<td>Mixed</td>
<td>3,4,5,6</td>
<td>Friday</td>
<td>Adelaide Hockey Club</td>
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<tr>
<td>Netball</td>
<td>Winter</td>
<td>Girls</td>
<td>8-12</td>
<td>Saturday</td>
<td>IGSSA</td>
</tr>
<tr>
<td>Netball</td>
<td>Winter</td>
<td>Girls</td>
<td>3,4/5,6</td>
<td>Mon / Sat</td>
<td>Unley SFA / Southern Area Jnr Netball Assoc</td>
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<tr>
<td>Rowing</td>
<td>Summer</td>
<td>Boys/Girls</td>
<td>8-12</td>
<td>Saturday</td>
<td>SARA</td>
</tr>
<tr>
<td>Soccer</td>
<td>Winter</td>
<td>Girls</td>
<td>8-12</td>
<td>Saturday</td>
<td>IGSSA</td>
</tr>
<tr>
<td>Soccer</td>
<td>Winter</td>
<td>Boys</td>
<td>6-12</td>
<td>Saturday</td>
<td>SAAS</td>
</tr>
<tr>
<td>Soccer</td>
<td>Winter</td>
<td>Boys</td>
<td>4-5</td>
<td>Friday</td>
<td>SAAS</td>
</tr>
<tr>
<td>Soccer</td>
<td>Term 3 only</td>
<td>Girls</td>
<td>4,5,6</td>
<td>Friday</td>
<td>JSGSA</td>
</tr>
<tr>
<td>Softball</td>
<td>Summer</td>
<td>Girls</td>
<td>8-12</td>
<td>Saturday</td>
<td>IGSSA</td>
</tr>
<tr>
<td>Softball</td>
<td>Summer</td>
<td>Girls</td>
<td>4,5,6/7</td>
<td>Saturday</td>
<td>Southern Area Junior Softball Assoc</td>
</tr>
<tr>
<td>Swimming</td>
<td>All Year</td>
<td>Boys/Girls</td>
<td>On enquiry</td>
<td>Various</td>
<td>Burnside Swimming Club, SAAS</td>
</tr>
<tr>
<td>Swimming</td>
<td>Four Carnivals</td>
<td>Mixed</td>
<td>3,4,5,6,7,</td>
<td>Sunday</td>
<td>Marion Swim Club</td>
</tr>
<tr>
<td>Tennis</td>
<td>Summer</td>
<td>Girls</td>
<td>8-12</td>
<td>Saturday</td>
<td>IGSSA</td>
</tr>
<tr>
<td>Tennis</td>
<td>Summer</td>
<td>Boys</td>
<td>8-12</td>
<td>Saturday</td>
<td>SAAS</td>
</tr>
<tr>
<td>Tennis</td>
<td>Summer</td>
<td>Girls</td>
<td>5,6</td>
<td>Friday</td>
<td>JSGSA</td>
</tr>
<tr>
<td>Tennis</td>
<td>Summer</td>
<td>Boys</td>
<td>5,6,7</td>
<td>Friday</td>
<td>SAAS</td>
</tr>
<tr>
<td>Volleyball</td>
<td>Summer</td>
<td>Boys</td>
<td>7-12</td>
<td>Friday</td>
<td>SAAS</td>
</tr>
</tbody>
</table>

Details of training times, fixtures, ground locations, coaches etc can be found on the school website [www.pulteney.sa.edu.au](http://www.pulteney.sa.edu.au) by following the sports links on the school website.
Sports Management Structure at Pulteney

**Head of Sport**
The Head of Sport has oversight of all interschool sporting activities in which the school participates and oversees the appointment and remuneration of coaches, co-ordinators and managers.

- Allocates staff to co-curricular activities in accordance with the Enterprise Agreement
- Co-ordinates the student sport nominations process
- Nominates teams to the various sporting associations
- Ensures adequate resourcing of the sports programme
- Co-ordinates the sporting programme with other co-curricular and curricular activities
- Acknowledges personal achievements of students in sport.

**Heads of Sport**
There are 2 Heads of Sport.
1. Head of Sport (Years 6-12)
2. Head of Prep Sport (Years 3 – 6)

**They have the responsibility to:**
- nominate the appropriate number of teams based on student interest in a particular sport.
- find and make initial contact with the required outside coaches.
- liaise with the individual coordinators of each sport and assist in the allocation of staff/outside coaches to each team.
- distribute season schedules to coaches and coordinators at the commencement of each season.
- keep weekly sports details updated and accurate on the school website.
- notify coordinators and coaches of any late changes to the existing match schedule.
- follow up student absence from trainings/games as notified by individual coordinators.
- ensure that all students are fulfilling the school’s expectations in terms of their participation in school sports activities.
- notify the governing associations of match results each week.
Sports Co-ordinators
Some of the larger sports have coordinators who assist the Heads of Sport in the smooth running of particular activities.

They have the responsibility to:
- liaise closely with the Heads of Sport.
- provide assistance in identifying and recruiting coaches.
- in conjunction with Heads of Sport, allocate coaches to teams.
- liaise closely with coaches and managers on all organisational matters.
- attend to the details of training times and venues.
- cover for coaches when they are unable to attend matches and trainings
- ensure teams are provided with necessary equipment.
- attend to umpiring matters (payment, allocation etc).
- collate all match results and forward to the appropriate Head of Sport.
- check on student attendance at training and matches and follow up as necessary.
- assist in organising weekly fixtures and special occasions.
- co-ordinate end of season occasions and awards presentations.
- be a contact point for parents and players.
- liaise with the parent support group and attend meetings.

Currently the following sports have co-ordinators:

Athletics - Mr Nik Sacoutis  Soccer (Boys) - Mr Nik Sacoutis
Basketball (Girls) - Mrs Nicole Maxwell  Soccer (Girls) - Mr Nik Sacoutis
Basketball (Boys) - Mr Matt Down  Badminton - Mr Nik Sacoutis
Cricket - Mr Richard Woolford  Softball - Ms Bronte Pickett
Football - Mr David Emms  Tennis (Boys) - Mr George Cleland
Hockey - Ms Bronte Pickett  Tennis (Girls) - Ms Libby Sims
Netball - Mrs Jodi Petherick  Volleyball - Mr Leon Marsden
Rowing - Mr Richard Sexton  Cross Country - Mr Mark Barnett

Directors of Coaching
Some of the larger Sports will have appointed a Coaching Director appointed by and responsible to the Head of Sport.

The purpose of this position is to:
- Have oversight of Coaching Methodology in that particular Sport
- Mentor coaches in their roles
- Design training programs for coaches to follow
- Provide modelling sessions for coaches
- Run specialised clinics for targeted groups within the sport
- Identify talented students and assist with specialised development programs, provide links to club sport and identify pathways toward higher level participation in that sport
- Develop a hierarchy of skills and focuses for individual skill development as identified by coaches to allow for individual progress

Currently the following sports have coaching Directors

Basketball - Mr Peter Sexton
**Coaches**

Each sporting team nominated by the school has a coach allocated to it. Sometimes the coaches are teachers of the school and sometimes they are appointed from beyond the school staff – they include old scholars, parents and specialist coaches.

Where coaches are not members of the teaching staff, they are required to undertake a criminal history check and to adhere to guidelines for child protection.

The key role of the coach is to develop the skills and abilities of all players in the team and to provide appropriate opportunities for each player to participate in matches.

The main responsibilities of the coach are to:
- facilitate weekly training sessions, match day procedures and take a roll of attendance each week.
- notify the coordinator or Head of Sport if a student is repeatedly absent from trainings or games without explanation.
- implement a developmental and progressive training routine throughout the course of the season.
- consult the Director of Coaching, where available, to assist with training scenarios if necessary.
- be the first port of call for parents with queries or concerns in relation to their child being in that team.
- keep a weekly record of results and best players, to assist with the writing of the team report at the end of the season.
- Notify coordinator or appropriate Head of Sport of the team’s results each week.
- Nominate individual award recipients at the end of the season, to be presented at an official dinner or a less formal awards ceremony, that is mutually agreed on by the coaches and coordinator.
- provide information to assist in the management of sport, as requested by the Director of Activities.

On match days coaches will expect parents to be supportive and to provide assistance with logistical matters (keeping score; looking after equipment and so forth).

**Team Selection**

Where there is more than one team at a particular level, team selection is the responsibility of the coaches. For example, if there are two senior netball teams, then the coaching staff will determine in which team the players will be placed. This may be based on team trials, performance and attitude in matches and training, and team balance. Attempts by parents to interfere in the selection process are counterproductive to the development of team spirit and the school ethos.

If a student or parent feels aggrieved by a team selection, a polite approach can be made to the coach. Threats to withdraw from the team or the sport are not warranted and run counter to the policy on student participation in sport.

**Training**

All students nominated for a sport are expected to attend the training sessions that are scheduled for that sport.

In the Prep school, most training sessions are held during the school day on a Wednesday afternoon.
From Year 7 and above, training sessions are most usually held after school on one or two occasions per week. Some sessions occur before school.

Training times can vary from year to year. Where they occur outside of the school day, they are published on the school website sports link.

**Costs**
The most significant direct costs to parents are those that are related to the purchase of personal equipment and uniforms. Additional charges for registration and so forth are not charged to the student. One exception to this Prep Basketball – players are required to pay an entry fee to Wayville Stadium (spectators are free).

**Facilities**
The school has extensive facilities to support its sporting programmes.

These include:
- the Robert Henshall Sports Centre on Gilles Street, which can provide for badminton, basketball, European handball, footsal, netball and volleyball, as well as weights and rowing training facilities.
- the outdoor basketball court adjacent to the Robert Henshall Sport Centre.
- Netball courts on South Terrace.
- grass Tennis courts to the south of Morgan Oval and on South Terrace.
- the Hockey and Tennis Centre on Greenhill Road (16 courts).
- playing fields on South Terrace for soccer, football, softball, athletics and cricket.
- Rowing sheds at West Lakes and on the Torrens

The school also utilises facilities for:
- Basketball at Wayville
- Athletics at SANTOS stadium
- Swimming at the Marion Swimming Centre.

**COMMUNICATIONS**

Communications regarding sporting activities occur at many levels. The programme is complex and with multiple associations, each of which operates differently and at varying levels of efficiency, there are times when the school receives very late notification about fixture changes. All such changes are entered on the website as soon as they are received.

[www.pulteney.sa.edu.au](http://www.pulteney.sa.edu.au)
The school website lies at the core of the school communication on sports matters. The *sports link* on the front page links to a wealth of current information. *Please refer to it regularly.*

It contains:
- Pulteney Ground Locations
- Sport this Week
- Music / Drama Activities
- Summer Sports
- Winter Sport
- Community Activities
- Prep School Electives
- Extreme Weather Policy
The Weekly Newsletter – PRW
As well as containing a wealth of information about the school, the PRW also provides information about special sports events.

Who to contact

If you need to send a message to your child’s coach and have not been able to contact them directly at training or school, it is best to make contact directly with one of the three key sports staff. i.e.

Mr Nik Sacoutis
Head of Sport (ELC – 12)
Phone: 8113 5625
nik.sacoutis@pulteney.sa.edu.au

Mr Bill Davis
Head of Prep Sport (Years 3 – 6)
8216 5518
Mobile: 0407 397938
bill.davis@pulteney.sa.edu.au

BEHAVIOUR IN CO-CURRICULAR ACTIVITIES

The school policy on behaviour in co-curricular activities is reproduced below:

Policy On Behaviour In Co-Curricular Activities
The following guidelines aim to assist teachers, coaches, students and parents. Co-curricular Activities at Pulteney are an important part of a full and balanced education. We are concerned to preserve sound educational and social practices in the many inter-school and intra-school fixtures in which Pulteney is involved. We ask for the co-operation of the school community to ensure that these aims are realised.

Practices which place the pursuit of victory above those aspects of co-curricular activities concerned with enjoyment, balanced development and good sportsmanship are to be avoided.

Players Code of Behaviour
1. Play by the rules
2. Treat all participants as you like to be treated.
3. Do not bully or take unfair advantage of other competitors
4. Deliberate violence should never be used towards opponents.
5. Verbal provocation of any sort is unacceptable.
6. Use of bad language, whether directed at an umpire/referee, another player, oneself or anyone else, is unacceptable.
7. Never argue with an umpire/referee or contest their decisions. Any negative response towards an umpire’s ruling is unacceptable.
8. Immodest behaviour in victory or success, and manifestation of self-disgust at an error or failure are considered to be poor sportsmanship and are therefore unacceptable.
9. Respect the rights, dignity and worth of all participants, regardless of their ability, race, ethnic background, gender or religion.
**Spectators/Parents Code of Behaviour**

1. Children appreciate the presence and positive support of parents and spectators.
2. If Pulteney is host, assume some responsibility for making visiting parents and spectators feel welcome.
3. If you are visiting another school, respect the host’s premises and rules in matters of parking, tidiness and social etiquette.
4. Never seek, during a match, to give advice to coaches, umpires/referees or to players.
5. Set an example of good sportsmanship to your children by applauding good play from both sides and by refraining from verbal abuse or remarks which belittle players or umpires/referees.
6. Support all efforts to remove verbal and physical abuse from sporting activities.
7. Respect the rights, dignity and worth of all participants, regardless of their ability, race, ethnic background, gender or religion.

**Coaches and Coordinators Code of Behaviour**

1. Ensure that the time participants spend with you is a positive experience. All young people are deserving of equal attention and opportunities.
2. Positive constructive feedback on student performance is appropriate and any negative feedback on student performance is to be given in a considerate manner and without demeaning the student.
3. There must be no psychological abuse of students by coaches and other volunteers.
4. Any physical contact with a young person should be appropriate to the situation, necessary for the participant’s skill development, and be with their consent. When in doubt, don’t touch.
5. Respect the rights, dignity and worth of all participants regardless of their ability, race, ethnic background, gender or religion.

**The School will:**

1. Involve young people in planning, leadership, evaluation and decision making related to the activity as appropriate.
2. Make it clear that abusing young people in any way is unacceptable.
3. Respect the rights, dignity and worth of all participants regardless of their ability, race, ethnic background, gender or religion.

**WEATHER AND CANCELLATIONS OF SPORT**

Practice sessions and matches or events may be cancelled due to wet weather, excessive heat, prolonged hot weather, or other extreme weather conditions. Wherever possible, prior warning will be provided!

The “This Week’s Sport” link on the school website has an indicator for each sport as to when a match may be cancelled due to weather conditions. There is no blanket rule to cover all sports in all situations. Parents are asked to monitor the website during periods of hot weather or other extreme weather conditions.
The school and the various sporting associations always attempt to give prior warning of cancellations due to weather conditions. However, this is not always possible, especially where local conditions vary significantly.

There are variations in the extreme weather policies of the various sporting associations with which the school is affiliated. These are regularly reviewed and subject to change.

Please check the sports link on the website just prior to scheduled matches to check for cancellations.

**DRESS CODE**

All students are required to wear the correct uniform for the sports in which they are involved. Parents are asked to support the school in this by ensuring the appropriate uniform items have been purchased and are available for each match. The current dress requirements for each sport are outlined below.

**Girls'**

*Athletics:*
Inter-school competitions Yrs 7 – 12: Pulteney Athletics singlet (supplied by the School)

*Basketball:*
Yr 3 to 7: School PE Uniform (White/Blue polo shirt, blue shorts/skirt)
Yr 8 to 12: Pulteney Girls' Basketball Singlet & Basketball shorts

*Cross-country:*
Inter-School competition Yrs 7 – 12: Pulteney Athletics singlet (supplied by the School)

*Hockey:*
Yr 3 to 6: School PE Uniform (White/Blue polo shirt, blue shorts/skirt)
Yr 7 to 9: Mid Week games White Polo Shirt, blue shorts/skirt, long navy socks
Yr 8 to 12: Saturday morning games – Navy Hockey shirt, Navy shorts, long football socks

*Netball:*
Yr 3 to 7: School PE Uniform (White/Blue polo shirt, blue shorts/skirt)
Yr 8 to 12: Senior teams – school body suit (hired from the School)
All other grades – white sleeveless netball polo shirt, navy PE skirt

*Rowing:*
Yr 8 to 12: 1\textsuperscript{st} VIII Pulteney zoot suit
All other crews - School PE Uniform (White/Blue polo shirt, blue shorts/skirt
Pulteney Tennis Cap)

*Soccer:*
Yr 4 & 5: School PE Uniform (White/Blue polo shirt, blue shorts/skirt)
Yr 6 to 12: Sat morning games – Navy soccer shirt, navy PE shorts/skirt, Long navy socks
**Softball:**
Yr 4 to 6: School PE Uniform (White/Blue polo shirt, blue shorts/skirt)
Pulteney Tennis Cap
Yr 7 to 12: White sleeveless top, navy PE shorts/skirt, (sliders optional)
Pulteney Tennis Cap

**Swimming:**
Yr 7 to 12: Interschool competition – Pulteney Swimming costume

**Tennis:**
Yr 5 to 7: School PE Uniform (White/Blue polo shirt, blue shorts/skirt),
Pulteney Tennis Cap
Yr 8 to 12: School PE Uniform (White/Blue polo shirt, blue shorts/skirt)
Pulteney Tennis Cap

**Boys’**

**Athletics:**
Inter-school competitions Yrs 7 – 12: Pulteney Athletics singlet (supplied by School)

**Basketball:**
Yr 3 to 7: School PE Uniform (White/Blue polo shirt, blue shorts)
Yr 8 to 12: Pulteney Basketball Singlet & Basketball shorts

**Cricket:**
Yr 3 to 4: School PE Uniform (White/Blue polo shirt, blue shorts)
Broad Brimmed Sun Hat
Yr 5 to 12: White PE shirt and white trousers
Broad Brimmed Sun Hat (1st XI optional cricket cap)

**Cross Country:**
Inter-School competition Yrs 7 – 12: Pulteney Athletics singlet (supplied by the School)

**Football:**
Yr 2 to 7: Long Sleeved Pulteney Football Guernsey, Navy PE shorts and
Long Navy PGS Football socks
Yr 8 to 12: Short Sleeved Pulteney Football Guernsey, Navy Football Shorts
and Long Navy Football socks, Seniors to wear the reversible guernsey

**Hockey:**
Yr 3 to 6: School PE Uniform (White/Blue polo shirt, blue shorts/skirt)
Yr 7 to 9: Mid Week games White Polo Shirt, blue shorts, long navy
Socks
Yr 8 to 12: Saturday morning games – Navy Hockey shirt, Navy shorts, long football socks

**Rowing:**
Yr 8 to 12: 1st VIII Pulteney zoot suit
All other crews - School PE Uniform (White/Blue polo shirt, blue shorts)
Pulteney Tennis Cap

**Soccer:**
Yr 4 & 5: School PE Uniform (White/Blue polo shirt, blue shorts/skirt)
Yr 6 to 12: Navy soccer shirt, navy PE shorts, Long navy socks
Swimming:
Yr 7 to 12: Interschool competition – Pulteney Swimming costume

Tennis:
Yr 5 to 7: School PE Uniform (White/Blue polo shirt, blue shorts), Pulteney Tennis Cap
Yr 8 to 12: School PE Uniform (White/Blue polo shirt, blue shorts) Pulteney Tennis Cap

Volleyball:
Yr 5 to 12 School PE Uniform (White/Blue polo shirt, blue shorts)

TRANSPORT

Parents are requested to ensure that their children are picked up from training sessions promptly at 5.00pm.

In most circumstances parents are expected to provide transport for their children to and from sporting fixtures. Staff should not be driving your children to and from matches. Punctuality in both arrival and departure is essential.

Where the school provides transport (usually for fixtures during normal school hours), students and parents will be notified.

ACCIDENTS AND INJURIES

Pulteney Grammar School has a student Accident Protection with AON. This provides financial benefits to students and their family in the event of accidental injury – 24 hours a day / seven days a week (other than non-Medicare medical expenses).

Aon’s Student Accident Protection Plan is an insurance arrangement that pays benefits for specific scenarios and incidents that may occur, such as quadriplegia and broken bones. It also offers additional benefits such as:

- covering a child’s tuition for four terms in the event of their parent or guardian’s accidental death
- financial support for tutoring, should a student be absent from school for a prolonged period, and;
- providing clothing, hospitalisation and other out-of-pocket expenses that relate to an accident.

More detail is available on the school website. Go to www.pulteney.sa.edu.au and follow the link to: Enrolment, Insurance –Download the AON Student Accident Protection Plan.

While this policy provides some significant benefits, relatively minor injuries and treatments for these are not covered. Parents are encouraged to review their own medical insurance to ascertain the adequacy of this for the needs of their family.
PARENT SUPPORT

The school is very appreciative of the support provided by parents in a variety of undertakings and purposes. In sport we want parents to be involved in encouraging their children’s participation. This may include home organisation and transportation; attendance at matches; or assisting with match day logistics. Any positive encouragement of the children is appreciated.

In some activities, parents have joined together to form parent support groups to support and promote the sports in which their children are involved. Involvement in these groups is purely voluntary. They aim to be positive and to provide assistance to coaches and others engaged in the sport.

Guidelines for Co Curricular Activities Clubs (Parent Support Groups)

Purpose
The purpose of this document is to establish some guidelines for the operation of the various clubs associated with particular co-curricular activities.

Objective
To ensure the ongoing support of parents in the co-curricular activities of their children in a manner which is consistent with the overall goals of co-curricular activities, the good management of the school, and school policies.

Preamble
Pulteney Grammar School offers a wide range of co-curricular activities for its students. Participation in these activities is seen as important in providing for a well rounded education. Active involvement by students in such activities is a healthy means of broadening their life experiences, developing social skills, and providing interactions in activities and with people in ways that may not otherwise occur and which support the development of the values espoused by the school. As such, co-curricular activities support the school curriculum, but do not replace it.

The school provides resources (equipment, staff, playing fields and so forth) to support these activities. Positive parent involvement and support is also encouraged. In some activities, parent support groups have been formed and operate with varying degrees of formality in their organisation and structures.

The common theme of these groups, however, has been to support the particular co curricular activities in which their children are involved. As such, they make a valuable contribution to the school.

Responsibilities of the School
In broad terms, the school is responsible for providing a wide range of co-curricular activities for its students. These activities have included:

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<thead>
<tr>
<th>Athletics</th>
<th>Debating</th>
<th>Netball</th>
<th>Tennis</th>
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<tbody>
<tr>
<td>Basketball</td>
<td>Drama</td>
<td>Rowing</td>
<td>Venture Club</td>
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<tr>
<td>Chess</td>
<td>Football</td>
<td>Soccer</td>
<td>Volleyball</td>
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<td>Cricket</td>
<td>Hockey</td>
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</tr>
<tr>
<td>Cross Country</td>
<td>Music</td>
<td>Swimming</td>
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The school organises staffing for these activities within the parameters of the Enterprise Agreement with its staff. In some cases teams are coached by Pulteney teaching staff. In other cases outside coaches are employed. The school also appoints staff co-ordinators for some of its co-curricular activities. It is the school’s responsibility to:

- provide equipment;
- to provide playing fields or venues;
- to liaise with the various organising bodies or associations;
- to determine the activities and teams to be nominated in each season;
- to establish requirements for uniforms;
- to establish expectations for behaviour and codes of conduct;
- to determine rules for student participation.

**The Role of the Co-ordinator**

The main role of the coordinator is to oversee the school based relationships associated with coaches and students involved in the activity.

The Coordinator would normally be a member of the parent support group committee so as to act as a conduit between the school and the club. The communication should be between club president and the Coordinator.

In the case of rowing, the role of the coordinator takes on larger proportions and responsibilities. As such it is an employed position in the school rather than a co-curricular responsibility. There must be close liaison between the rowing coordinator and the Head of Sport.

**The Role of Parent Support Groups**

A number of activities are assisted by Parent Support Groups. These are encouraged by the school as a means of providing logistical support to coaches and coordinators. In some cases this extends to fundraising activities to provide additional resources for the activity.

**Enjoyment and Participation**

Student involvement in co-curricular activities is seen as a positive way of contributing to a well rounded education. Maximum participation is encouraged. The activities should be a source of enjoyment to the boys and girls concerned. Parent Support Groups can assist in this by encouraging students to be involved, to be positive in their support of school activities, to assist coaches, and to model appropriate conduct.

**Logistical Support**

In many ways this is the key role for the Parent Support Group. Although varying a little from one activity to another, the period of most intense need for assistance is in the period from just before a match to just after. The coach needs help with things like (using football as an example) ensuring boundary umpires, goal umpires and time keepers are available; putting padding on the goal posts and taking it down; organising morning and/or afternoon teas; filling water bottles; and a myriad of other carrying and shifting tasks. This is best achieved when the Parent Support Group is proactive in establishing rosters for assistance in each of the teams in a particular activity and where the Parent Support Group is seeking to respond to the needs of the coach.

Special functions, such as presentation evenings and social gatherings, are also important activities for the clubs. These require planning and work by many club members and they can build very strong club and school relationships.
**Communication**

Parent Support Groups can help facilitate good communication between the school and its families. Often this entails “spreading the word” by contacting other families to notify them of particular events or to convey messages on behalf of the Coordinator or Director of Activities. Use of the telephone or email is most effective in this.

Promoting the sport is also valuable. Photographs and short articles for news@pulteney and other publications (Blues News/Oarinspired) are valued.

**Part of good communication is liaison with the Coordinator.** Where information or requests need to be conveyed to the school, this should occur by way of the chairperson of the Parent Support Group speaking to the Coordinator.

**Fundraising**

Fundraising by Parent Support Groups should be for the purpose of enhancing that particular activity, most usually through the provision of extra equipment or improving facilities. Direction in this regard should be provided by the Coordinator, acting on behalf of the school. Targets and purposes should be established each year.

On some occasions funds may be used to assist in providing coaches or clinics. Where this is the case it must be understood that the responsibility for appointing coaches rests with the school and that the coaches are accountable to the school rather than to the parent support group.

Fundraising activities must also be “low key” and consistent with the broader fundraising activities of the school. Special fundraising events should not be planned (both in terms of dates and the nature of the event) without the approval of the Director of Development.

As a general rule, parent support groups should seek to equate their annual spending to what they raise each year.

**Parent Support Group Committees**

Committees should be appointed or elected at the end of the preceding season. The Coordinator for that particular activity would normally be expected to be a member of the committee, but not to hold office. The committee should be broadly representative, with parents of students at all year levels being involved. The role of the year level representatives is essential for effective communication and feedback. These representatives are able to establish rosters and the like to provide assistance to the various coaches and to find out what type of support the coach needs.

The president has a key role and good understanding of the purpose of the Parent Support Group. Preparation for committee meetings is imperative. Minutes should be taken, with actions and responsibilities delegated. They should be distributed as soon as is possible after the meeting.

The aim should be to have purposeful meetings that are short (probably no longer than an hour) and to the point. The world is an increasingly busy place and too many meetings, or meetings that are too long, can build resentment and frustration. Have a laugh too!

It would be best to set the dates prior to the start of the “season”. Invite parents to join the committee. To be on rosters, and to attend fixtures and events – make everyone
welcome. Perhaps the parents of the captains of each team in each activity could be automatically invited to join the club committee.

**Accountabilities**
The Parent Support Groups vary in the degree of formality in their structure and operations. Their activities must be consistent with the aims and values of the school and they should not operate outside the guidelines set by the school.

Whereas the school is very appreciative of their support both in terms of volunteer activities and financial support, the responsibility for any activities associated with the school ultimately rest with the school. Hence coaches and officials acting in the name of the school, school staff, and students are all accountable to the school, usually through the Director of Activities, rather than being accountable to the Parent Support Groups.

**SPORTS AWARDS**

**Ivan Hooper Memorial Award** - most outstanding sportsperson in the senior school (usually a Year 11 or 12)

**McKenzie Prize** - best all round contribution to sport by a Year 11 boy and a Year 11 girl

**M.C. Aish Award** - most outstanding sportsperson in the middle school (usually a Year 9)

**Tom Westover Memorial Award** – best all round contribution to sport by a Year 6 boy and a Year 6 girl

**Letters** - are only awarded to students who are in years 10, 11 or 12.

The basic condition for the award of letters in sporting teams is regular (more than half of the season’s programmed matches) membership of a first team, or equivalent. In non-sporting activities, letters may be awarded for consistent contribution at a high standard. The Awards Committee may awards letters to a student in Year 12 who would otherwise have met the criteria other than for illness or injury.

**Honourable Mention**

This award recognises ongoing contribution of outstanding quality and consistency over an extended period in an activity (2 years or more). The recipient must have shown leadership or support for the team leaders, and commitment to the team. Only year 12 students are eligible for this award.

**Blue in a Particular Activity**

This award is given for excellence in both standard and conduct in a particular activity. The award is based on performances in the student’s chosen activity throughout at least a whole season in the first team, or equivalent, of any Activity. In summer sports, a season shall be considered, on a calendar year (Jan to Dec) basis. The exception to this is in Rowing where the season shall be considered to be January up to and including the Head of the River.

Any student in Years 7 to 12 could, theoretically, be awarded a Blue, although the award would be held in abeyance until Year 12 if awarded to a Year 7, 8 or 9 student.
The general conditions listed below are a guide to the standards of skill required. They are to act as a guide only. There is no obligation to award Blues only on the basis of the standards set out below. Rather they should be read as part of the overall criteria outlined above.

- If a sport, the grade in which the team played and the general standard of the opposition.
- The performance of the student in comparison to the members of the team or activity.
- Weather conditions during the season (where appropriate).
- Service in, or suitability for, State teams or other representative participation.
- Comparison with the standard of previous award winners, particularly in recent years.
- The recommendation and awarding of a Blue may be made, in exceptional cases where, due to circumstances beyond the nominee’s control (e.g. illness, injury); he / she has been unable to fill all of the standards listed for the award.

**Blue for Breadth of a curricular commitment**

A Blue in this category may be awarded to a Year 12 student who has displayed outstanding commitment to the co-curricular programme by participating at a high standard across a broad range of sports and activities. While those who have won a blue in a particular activity are not disqualified from winning the Blue for breadth of co-curricular commitment, the focus of the award is the breadth of the commitment.

In addition, each sport recognises the achievements of individual players with awards and prizes. These are usually presented at the end of year functions.